

New Kids on the Block in Herts

Over the past year, it was identified that in Hertfordshire there was a demand for more junior netball. There are already 16 CAPS clubs in the County and 1 working towards, although there are lots of clubs with huge junior sections, most of them have long waiting lists as they do not have the capacity to take on new members. Therefore we have been busy in Hertfordshire creating new junior clubs and sections to accommodate the demand.



Bushey Netball Club

Bushey was set up to provide an opportunity for juniors in the area to participate in regular netball without travelling far. The sessions started in September 2015 at Queens School, Bushey and over the first term they have recruited 72 new players. The sessions are proving more popular each week and our aim for 2016 is to recruit some keen volunteers to create a club committee and get the players affiliated in order to provide them with some competition.

Wodson Park Netball Club

"During a family meal earlier in the year my sister in law declared 'I would like to start my own netball club', from there it snowballed and other family members jumped on board to help out. As the chairman of an established local Football Club I made a decision to join the two clubs together as the foundation and aims were identical. Taking this route gave the netball club a huge advantage as we have a unique, unified vision of how we want our club to run with a team of people who are completely dedicated to making it happen.



Our club philosophy is simple in that we provide a friendly, inclusive netball club where players can meet every week sharing their passion for netball in a friendly and positive environment. We wish to promote good team spirit and morale encouraging a sportsman like attitude whether they win or lose.

Respect, passion and fun are most certainly at the heart of our club as we believe that this is the best way to learn and sport should be fun!

Our coaches work hard to ensure all players learn something new at every session and that our members are having fun whilst learning. We want our players to look forward to their next training sessions, leaving every week feeling like they have improved and had a great time. This coaching philosophy comes down from our great team of coaches who have passion, drive and the wherewithal to understand today's young players and adapt to their needs developing them at a speed which they feel comfortable with.



We all know that players develop at different rates and this is why we don't pick and choose who can join our club. We are not a 'win at any cost' club but we do encourage our players to be the best they possibly can and to aim as high as the sky if that is what their dreams are." Lee Cook, Chairman of Wodson Park Netball Club. For more information about Wodson Park Netball Club visit - www.wodsonparknetballclub.co.uk

Gosling Netball Club

Gosling Sports Park has a great set up with fantastic facilities, so what better place to run junior Netball sessions! The club was set up by the Sports Development team at Gosling with the hope to bring new sports to the venue. Having a huge database of children due to the holiday camps, it was a perfect environment in which to set up a new club. Since the sessions started in September, there have been lots of new U11 and O11 participants attend weekly and the sessions continue to grow. Spaces are still available and they are even looking to running a Back to Netball session in the New Year.

Ashlyns School, Berkhamsted Satellite Club

This session was set up through the Sport England Satellite Club programme. As a satellite of the Hemel based Shelley Netball Club, the sessions came about from two mums of the school who are Netball players/coaches and decided they want to provide more Netball opportunity for the girls at the school their daughters attend. The venue is a perfect place to host Netball session due to the new re-development of the Sports Hall and the minimal provision of netball in the area.



The sessions are now full with 24 participants from years 7, 8 and 9 girls attending weekly and a waiting list. To top off the great sessions, through Sport England they provide "Sporting Champions" in which England Netball's Lindsay Keable attended three of the sessions to Coach which was a fantastic opportunity for the girls to meet a role model to aspire to.

Herts Youth Netball Group

“The Hertfordshire Youth Netball Group was established over a year ago with the aim of supporting the County Committee and developing youth netball in the county. As the first County Youth Group in England, we have enjoyed a year of advising the county and championing youth opinion. We have just recruited to expand the group and now we have 10 members. The group meets quarterly to discuss matters concerning U25s in the county and are currently working hard to plan an event for youth volunteers in October 2016 so watch this space” –Charlotte Rose, Chair of Herts Youth Netball Group.

If you would like any information on netball in Herts, please contact: Rebecca.Gray@englandnetball.co.uk

Back to Netball fun at Easton College

Norfolk NDO, Jenny Day managed to secure a slot at Easton College Sports hall after it came available to develop Back to Netball in this part of the county. One of the reasons for this session was to tie it in with the Active Norfolk Fit 4 work Netball Tournament being held in October 2015. This would give local businesses in South Norfolk an opportunity for coaching before entering the tournament.

When promoting the session, we never expected them to be so popular, within the first few weeks we had 15 ladies booked on and they just keep coming!! Su has been coaching the sessions and on a number of times has mentioned to me “they are a lovely group, great ability too and keen to learn new skills”



The initial 10 weeks have now come to the end, but the ladies have been so keen to continue they have set up their own facebook page –Easton Back to Netball and are continuing to hire the facilities and for Su time and to create a name for the team. They have great plans in the future, so if you know of anyone who might want to join make sure you send them a message.



New Junior Clubs in Norfolk

Due to the high demand of junior wanting to play Netball in Norfolk, we are pleased to announce that Trowse Netball Club and Diss Junior Netball Club are up and running with a good number of girls attending each week.

Trowse Netball Club train on a Friday evening at City of Norwich School (CNS), from 6.30 pm to 8.00 pm. This club is open to 11 to 14 years and were fortunate to play a friendly match against Hethersett Junior Netball Club the other week.

The other club is Diss Junior Netball Club who train on a Friday evening at Diss High School - 3.45 to 4.45 pm for 8 to 11 years and 5 to 6 pm for 11 to 16 years. Diss Junior Netball Club have also recently some exciting news – England Netball star Lindsay Keable is set to provide inspiration to the players at the club by attending 3 of their training sessions on 18th December, 29th January and 12th February. Lindsay Keable, England Netball Player said *“I am thrilled to be supporting this satellite netball club and raise the aspirations of the next generation of young sportsmen and women”*.

If you know of an area where there are lots of juniors who would like to play netball or you would like more information on the new junior sections please contact Jenny.day@englandnetball.co.uk.



On The Road - COACHING - EAST

WHEN? Monday 1st February, 6:30-9:30pm

WHERE? Oaklands College, Smallford,
Hatfield Rd, Oaklands, St Albans,
Hertfordshire, AL4 0JA

HOW MUCH? £25 Affiliated, £35 Non-affiliated

EMAIL: east@englandnetball.co.uk
for your booking form.



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1926



England Netball's 90th Anniversary Challenge



Join us in our 90 Hour Netball Match as we attempt to break a Guinness World Record for the "Largest Netball Exhibition Match" ever, all in aid of Sport Relief.



Matches will be played on an hourly basis and we are inviting everyone to help us to break the record, so sign up and get involved!



WHERE: Play On Indoor Sports Arena, Whitechapel, London

WHEN: From 12am Friday 12th February all the way through to 7pm Monday 15th February 2016 (yes, 24 hours a day!!)



COST: £100 per team to enter, 100% of the funds received go towards Sport Relief



BOOK YOUR SPOT IN ENGLAND NETBALL'S WORLD RECORD ATTEMPT WITH SPORT RELIEF NOW!



Supporting Partner

2016



More information can be found at englandnetball.co.uk



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NETBALL EAST 2016 COACHING WORKSHOPS

DATE & TIME	WORKSHOP TITLE	VENUE
Mon 11 th January 2016 18.00 - 21.00	Mavericks Workshop - Decision Making & Fatigue Under Pressure Part 2	Comberton Leisure Centre, Cambridge
Mon 1 st February 2016 18.30 - 21.30	MAKE THE GAME LIVE - On The Road	Oaklands College, Hatfield Road, St Albans, AL4 0JA
Sat 6 th February 2016 10.00 - 15.00	Mavericks Workshop - Managing a Bench *Match Ticket to Mavericks v Lightning included*	St Albans School Sports Centre, St Albans, AL3 4HB
Thurs 11 th February 2016 18.30 - 21.30	Mavericks Workshop - Decision Making & Fatigue Under Pressure Part 2	Braintree College, Church Lane, Essex, CM7 5SN
Tues 16 th February 2016 18.30 - 21.30	ON THE MOVE Essential Movement Skills for Netball	Hertford Regional College, Turnford, Herts, EN10 6AU
Wed 17 th February 2016 15.00 - 18.00	HIGH 5 find out more about the game & skills involved	Queens School, Bushey, Herts, WD23 2TY
Thurs 3 rd March 2016 18.30 - 21.30	ACTIVATE Essential Attacking Skills for Netball	Stanground Sports Centre, Peterborough, PE7 3BY
Wed 16 th March 2016 18.30 - 21.30	Mavericks Workshop - Decision Making & Fatigue Under Pressure Part 2	Oaklands College, Hatfield Road, St Albans, AL4 0JA
Thurs 24 th March 2016 18.00 - 21.00	ACTIVATE Essential Attacking Skills for Netball	New Hall School, Chelmsford, Essex, CM3 3HS
Sat 11 th June 2016 10.00 - 13.00	Mavericks Workshop - Improve your Coaching of C/WA/GA	Cambridge Regional College, King Hedges Road, CB4 2QT



FOR MORE INFORMATION ON THE COURSES & HOW TO BOOK, VISIT —

www.netballeast.org.uk

OR CONTACT east@englandnetball.co.uk



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