

Digi-News July '15

The Wendy Hale Award

Wendy Hale was an outstanding school teacher who actively supported young talent in Essex. The award was introduced by East Essex in honour of the late Wendy Hale. This award is given out by East Essex annually, to an outstanding talent. East Essex and clubs like Essex Met continue to honour this inspiriting and dedicated lady by running annual netball rally's and awarding young athletes in her name

Sophie Panons Regional academy athlete was selected to be the recipient of this award for 2014/2015. Sophie was selected because of her commitment to netball, her determination to improve and always playing and training at her best. Through her hard work and positive attitude Sophie has improved enormously this year and she is an outstanding role model for younger players in Essex and in her local club and school.





Sophie, Regional Performance Academy Athlete in Braintree said "My mum knew about the award and kept it a secret from me for a few months, I was asked to attend the final screening session in Basildon on the 9th July and to wear my Regional Kit. I was unsure why I was asked to go along; my Mum said it could be to talk to the athletes about my success so far, as I had previously attended a Satellite session to do the same thing. I was feeling nervous as I arrived, I knew some of the athletes there, they came up to me and said "why are you here Sophie" I replied "I don't know" with a nervous smile. There were lots of familiar faces around, Sue Peters, Trudy, Chris Laundy, Jeremy Crook, Cathy Chart, Stephanie Hart and a few others from my Club (Flames).

All the girls sat down and Jeremy began talking about me and how I play, then invited me up to stand in front of all the girls, he then went on to say I was here to receive an award. I was confused, excited, nervous, then Chris Laundy came over and spoke about me and that I received a Jack Petchey Award last year and how I spent the money on Sasha Corbin coming to a training session and if you work hard like I do they could all achieve the same. Chris said some really lovely words about me; she then presented me with the trophy.

My emotions got the better of me and I began to cry with happiness and pride, I was so overwhelmed by it all and shocked that I had been

recognised for my commitment and passion to the sport I love to play. Everybody was congratulating me and saying how much I deserved it and how the award is a big honour to receive, it made me cry even more. Also I knew my parents would be so proud of me and like I said before if it wasn't for their support and my mum being my taxi I wouldn't be able to achieve everything that I have so far. I couldn't be more proud of myself at this moment in time and I will continue to push myself in training and when I play to become a better player."



Whittlesea High 5 Tournament 2015

Whittlesey is a small Fenland town which has 4 local primary schools feeding into Sir Harry Smith Academy. This High5 Netball Tournament is organised independently to allow participation into Netball and encourage all schools within Whittlesey to player netball.

Each school supplied 2 teams bringing an A and B team who would play in different divisions, the winning school from the A team court is awarded a shield which is engraved each year and kept by that school for 12months. Following a great day of the competition the overall winners were Coates Primary School A with New Road Primary School A coming runners-up. Sports Leaders from Sir Harry Smith Academy were used to officate the tournament together with the score table.





Sport competition in these schools is limited due to location within Cambridgeshire so this competition is important for participation for these students. Whittlesey is also hosting a Netball Youth Camp in October 2015, delivered by England Netball. These are non-residential holiday camps designed for 9-11 year olds or 11-16 year olds and are suitable for all abilities. The camps will provide 'Nothing but Netball'; including top quality coaching from England Netball qualified coaches, fun netball activities

and even an opportunity to meet and be inspired by an England player. Participants will also receive a great participant pack of netball goodies!

In Whittlesey there is a great opportunity to participate in a local active netball club in the town which has both an adult and junior section, called Whittlesey Warriors NC. This club has also applied for their England Netball Club mark this year, which aims to support you to deliver a quality netball development programme and operate in line with best practice.







Suffolk Netballers came together and dusted off their trainers for Dawny

Ipswich Ladies Netball Club held a fun netball tournament on 4th July at Ipswich School Sports Centre, Rushmere in memory of one of their members Dawn Blake, who lost her battle with cancer in May 2014.

The tournament was open to all, men and women, young and not so young many of whom who came along to have fun and put their skills to the test on the netball court, where Dawn loved to play.

17 teams from across the East Region entered the tournament with money raised going to Ipswich Ladies Netball Club and the St Elizabeth Hospice where Dawn was so well looked after.

"The tournament was a fantastic success. The huge number of people attending goes to

show how much people thought and loved Dawny not just in Suffolk but across the whole of the East Region".



A bench in Dawn's honour was opened by her Mum and will sit by the netball courts at the sports centre for all those to use when playing netball.









MyGame

19-20 SEPTEMBER COVENTRY



NATIONAL COACHING AND OFFICIATING **CONFERENCE**





BOOK NOW - www.netballevents.co.uk

This September England Netball are holding a joint National Coaching and Officiating Conference at Warwick University on 19-20 September (Saturday Registration at 11.30am, Sunday Conference finishes at 4pm). The conference is open to all coaches and any umpires who are currently working towards or hold the A award. This event will provide a unique and invaluable opportunity to progress your development in your chosen field.

To join us for an exciting and engaging weekend of practical workshops and seminars featuring some of England's top coaches and officials as well as inspiring key note speakers book today!

CONFIRMED SPEAKERS...

PLUS MANY MORE!

Tracey

NEVILLE

Margaret **DEIGHAN** Grant

VAN VELDEN

Karen **GREIG** Colette

THOMSON

Heather **GLEADALL**







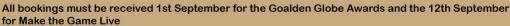
GOALDEN GLOBE AWARDS



Join England Netball as we say thank you to the army of volunteers that make our sport great. This black tie event is taking place on the Saturday night and includes a drinks reception, 3 course dinner, entertainment $_{\downarrow}$ and disco until the early hours.



Booking Details - www.netballevents.co.uk





Make the Game Live Conference England Netball Members = £165 (Valid membership number for 14/15 or 15/16 season must be provided)

Make the Game Live Conference Non-Members = £210

Goalden Globe Awards Single Ticket = £40

Goalden Globe Awards Table for 10 = £380

Make the Game Live Extra DISCOUNT - If you purchase both a Make the Game Live and Goalden Globe Awards ticket you are eligible for a £5 DISCOUNT. To claim this discount enter the code **DISCOUNT5** during the check out process!

Book Make the Game Live or Make the Game Live Extra by 10th August and benefit from £15 Early Bird Booking DISCOUNT
Early booking discount not applicable to Goalden Globe Awards Single Ticket or Table Tickets

BOOK NOW TO AVOID DISAPPOINTMENT!

IT'S GOOD TO SHARE

















DATES FOR YOUR DIARY...





HIGHS

UKCC COACHING COURSES

UKCC Level 1

- · Framlingham College, Framlingham, Suffolk, 27th September & 18th October 2015
- · Luton 6th Form College, Luton, Bedfordshire 1st October & 21st November 2015
- · Oaklands College, St Albans, Hertfordshire, 30th January & 21st February 2016

UKCC Level 2

· Abbey Croft Leisure, Bury St Edmunds, Suffolk: 12/13th Sept, 10/11th Oct & 8th Nov



Hertfordshire Mavericks Summer Camps

Mini Mavericks Summer Club, 4th July to 5th September 2015, 9am to 10.30am, £10 per session or £75 for 10 weeks -Age range 7 to 11 years old. For more information email: netballcamps@mavericksnetball.co.uk

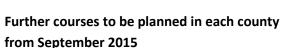
Mavericks Developmet Squad Trials 2015

- Saturday September 5th Years 7 and 8
- Sunday September 6th Year 9 and 10

Location: Sele School in Hertfordshire Welwyn Road, Hertford SG14 2DG.

For an application form visit www.mavericksnetball.co.uk

HIGH 5 COACHING WORKSHOPS



TIME TO LISTEN COURSES

Further courses planned for 2015-16 to register your interest and receive information directly email east@englandnetball.co.uk

OFFICIATING

• B Award Saturday 3rd October 2015 University of Bedford, Bedford Campus, Polhill Avenue, Bedford, MK41 9EA

Further Beginner, C-Award and B-Award courses to be confirmed

TECHNICAL SKILL COACHING WORKSHOPS

Further courses to be planned in each county from September 2015

COACHING DATABASE

To register your interest on coaching courses or to be added to our coaching database to find out the latest informamtion about courses & funding opportuntites - email your details to east@englandnetball.co.uk





