

DRESS TO IMPRESS

In March 2017, Selsdon Netball Club based in Croydon, Surrey kindly donated their old kit to good causes. At around the same time, newly formed team 'Flames' from Wormley in Hertfordshire were looking for some netball dresses to get them off the ground and prepared for their first season in a competitive league. Selsdon were able to offer 13 pre-used dresses in various sizes, as well as 2 sets of bibs for the new owners to use.



Both teams are pictured wearing the dresses, and we are so pleased to be able to re-use and put new life into this kit. Flames, who started as a Back to Netball group at the start of the year coached by Maureen Perez, have progressed

magnificently and will start their playing career in the Wormley league this September dressed to impress! The team meet on Wednesday evenings, 7:30-8:30pm at Wormley Playing Fields and are still welcoming new Back to Netballers to join them at their sessions. If you are interested in going along, or know anyone who might be, please contact Lucy – lucy.ponting@englandnetball.co.uk. Lucy says 'I recently went to meet Flames at one of their training sessions, they are such a friendly, welcoming group who have a great attitude. They obviously want to continue to improve but clearly enjoy themselves and have a lot of fun at the same time which is a healthy balance. They have been expertly guided by their coach Mo, and are now ready to face their first competition under the leadership of team captain Ellie. Good luck to both Flames and Selsdon for the forthcoming winter league!'



REMEMBERING PAT POWELL

Pat Powell attended the Walking Netball group at Silsoe. During her time with us she was very bubbly and enthusiastic and we often laughed at her understanding of the drills. She loved the tea and coffee and cake afterwards too.

Pat used to play and umpire netball in Bedfordshire and she ran a swimming school with her husband. Pat became unwell in March and after a short illness died in July. She died of a rare blood cancer - Waldenstrom's Macroglobulinemia.



Walking Netball is just more than netball and the netball family have really felt her loss.

She leaves behind her husband Alan and two children. Her funeral was beautiful and netball got a couple of mentions from the vicar and her son. The refreshments afterwards were lovely (she would have been proud of the cake spread).



Donations have been sent to <http://www.justgiving.com/fundraising/patriciapowell1>

VOTE FOR YOUR GOALDEN GLOBE WINNERS

As England Netball continues to adopt a digital first approach, we are delighted to announce that for the first time ever we have opened selected categories in the illustrious Goalden Globe Awards for our netballers to have their say on who should win the National award!

In total, public voting will select eight of our winners who will be presented with their awards at a lavish ceremony to be hosted at the National Conference Centre, Birmingham on Saturday 16th September.

Tickets for this prestigious event always sell fast so we advise you to book at the earliest opportunity to avoid missing out.

Tickets are £55 each or £480 for a table of 10 and are available here. All nominees will receive a direct communication and invite to the event.

England Netball are working with our partners Frontline Venues to provide accommodation options to guests wishing to attend. Options for accommodation can be viewed here.

Select from the categories to read up on all of the nominees and make your vote. Please note that voting is limited to one per person for each category and voting closes at 5pm on Thursday 24th August.

Best of luck to all the nominees from the East Region!



STEELY ELY CELEBRATE SUMMER SUCCESS

Ely Netball Club are celebrating a successful end to their summer league campaign with three out of five teams finishing in first place of their respective divisions of the Cambridgeshire & District Netball League.

The club has gone from strength to strength in the last twelve months, successfully promoting adult netball in the local community and seeing its membership increase. The club boasted four competitive teams in the Winter League of 16/17, and was able to enter five adult teams into the summer league.

Training sessions will continue throughout the summer and more ladies are welcome to join (age 16+). Anyone who is interested in coming along to give it a go please contact elynetball@hotmail.co.uk



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MAKE THE GAME LIVE RETURNS IN 2018

England Netball are delighted to announce that the Make the Game Live Coaching and Officiating Conference is making a return.

Following feedback from previous delegates and regional volunteers, the decision has been made to move the conference from September to a more suitable time in the year to allow for more coaches, officials and volunteers to attend.

England Netball are currently planning the conference for 2018 and is likely to be held at the end of the season during June/July, with exact details to be confirmed shortly.

Plans are already in place for yet another fantastic weekend filled with lots of informative presentations, workshops and practical sessions delivered by an array of experts in the field, as we continue to support coaches, officials and volunteers making our great game happen.

Information regarding the event will be added and updated on the England Netball website in due course, so keep checking to find out more very soon.

MAVERICKS NETBALL CAMPS & MASTERCLASSES 2017

Summer Holidays

Monday 31st July - Wednesday 2nd Aug 2017 - 3 Day Camp**
- Ipswich School Sports Centre, Suffolk, IP5 1DE

Wednesday 23rd - Friday 25th Aug 2017 - 3 Day Camp**
- Basildon Sporting Village, Essex, SS14 3GR

Wednesday 30th Aug - Friday 1st Sept 2017 - 3 Day Camp**
- Wodson Park, Herts, SG12 0UQ

**For Girls in Years 5-8 - £80 per player.



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WANT TO PLAY NETBALL THIS SUMMER?

Come and join us this Summer at one of
our fabulous Netball sessions!



www.netballeast.org.uk/playing/where-to-play/

East@englandnetball.co.uk / 01462 428336



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My frame

IN YOUR DREAM TEAM

Thing is, you can't do it alone, that's the best bit about it. We've become really close and I think that's why when we take to the court we're so strong together.

Club together
www.Englandnetball.co.uk

I Heart Netball Leagues Watford

St Michaels Catholic High School, High Elms Lane, Garston, Watford WD25 0SS
Mondays 7-9:30pm

Starts 11th September 2017 for approx. 10 weeks

Contact Lucy for more information
lucy.ponting@englandnetball.co.uk
www.Englandnetball.co.uk/my-game/i-heart-leagues/

Jess x Ky Natalie



My frame

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Club together
www.Englandnetball.co.uk

I Heart Netball Leagues Welwyn Garden City

Stanborough School, Lemsford Lane, Welwyn Garden City AL8 6YR (outside)
Tuesdays 7-9:30pm

Starts 12th September 2017 for approx. 10 weeks

Contact Lucy for more information
lucy.ponting@englandnetball.co.uk
www.Englandnetball.co.uk/my-game/i-heart-leagues/

Jess x Ky Natalie



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MyGame

It's a bit of an office romance:

WE JUST
LOVE
PLAYING NETBALL

“ We go straight from work, encourage each other to go and don't want to let each other down - teamwork - that's got to be good for the workplace too surely! ”



“ It's a great team building exercise, bringing different parts of the business together. It has improved relations in the office too. ”

“ It is fun and going regularly means that we get to know the people we already spend a lot of time working with in a far more informal setting. ”

Netball is a great way for colleagues to team build, get active and have some fun after their working day!

We are now looking for groups of colleagues at schools, or other places of work within Hertfordshire who might be interested in the opportunity to participate in sessions led by a qualified coach in a friendly and relaxed environment. The sessions are aimed at beginners, with an emphasis on having fun whilst learning the basic skills, positions and rules

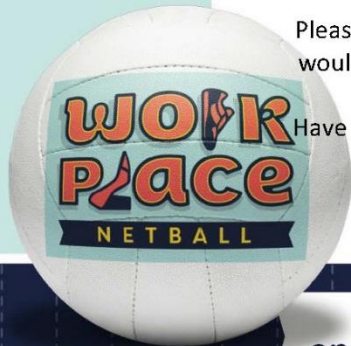
The longer term aim is to arrange some friendly fixtures between the different groups, and perhaps a casual league.

Please contact us if your workplace are interested or would like some more information. The sessions are for males and females aged 16+.

Have your colleagues got what it takes to be the best in the business?

lucy.ponting@englandnetball.co.uk
07834 500189

“ Our netball sessions have been awesome! Not only has it brought us together as a team and we've got to know people we don't normally work with, we get a real sense of achievement from it. Sessions are fun and even team mates who don't class themselves as 'sporty' are getting involved. ”



MAKE WORK PLAY
englandnetball.co.uk/Workplace



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UKCC COURSES IN 2017

Level 1:

Cost of course:

Affiliated EN Member – £150

Non Affiliated – £180

Cedars Coaching Academy, Cedars Upper School, Mentmore Road, Leighton Buzzard, Beds, LU7 2AE
Saturday 20th January 2018 9am-6pm and
Saturday 24th February 2018 9am-6pm

For a booking form please [click here>](#)

Level 2:

Cost of course:

Affiliated EN Member – £360

Non Affiliated – £395

Watford Leisure Centre Woodside, Horseshoe Lane, Watford, Hertfordshire, WD25 7HH
Saturday 6th January 2018 & Sunday 7th January 2018 9am-6pm
Saturday 3rd February 2018 & Sunday 4th February 2018 9am-6pm and
4th March 2018 from 9am-6pm

For a booking form, please [click here>](#)



Please click [here](#) to see more information and download a booking form. Payment can be made either by cheque, purchase order, bank transfer (our bank details are attached herewith) or a card payment by telephone, Emma Walker can be contacted on 01462 428322. There is a 25p fee payable for a debit card payment and a 4% fee payable for a credit card payment. If you make a bank transfer payment, please use your name as a reference and advise Emma once the payment has been made, she will then check our bank account.

For our bank details, please contact **Florrie:** East@englandnetball.co.uk

Funding

Netball East supports their affiliated members by providing UKCC course subsidies and mentoring opportunities to help develop coaches across the region.

Grants can be given towards UKCC level 1, 2 and the level 2 upgrade. Netball East is working with its county associations to provide a package for coaches, which should provide, in most cases, up to 75% of the cost of a course from the combined sources.

Netball East UKCC Grant Scheme Application Forms are available to [Download Here >>](#)

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Coaching opportunity - Flamstead NC

- Flamstead netball club are looking to recruit a new coach from August/September 2017.
- We are a friendly but competitive club formed in 2004. We have 2 adult teams, one playing in Watford Division 2 and one in Hemel Division 1.
- We train on a Thursday night (indoors) at Beechwood Park School, Markyate
- We are looking for a coach, preferably Level 2 - although training can be funded for the right person.
- An excellent rate of pay is on offer to the right person (negotiable).
- Coach should be available on Thursday's to run training sessions
- Not essential but coaching matches which are on Saturdays and Sundays would be welcomed.
- Opportunities are also available for developing a youth team if desired.
- Please contact me for further information tracy@flamsteadnetball.co.uk and if you'd like to speak to our current coach to find out what we are really like she is happy for you to contact her on lucyponting24@hotmail.co.uk
- I look forward to hearing from you

Tracy Cripps on behalf of Flamstead NC
www.flamsteadnetball.co.uk

Coaching opportunity – St Albans School

Here at St Albans School we are looking for a well-qualified netball coach to help with two senior girls teams at U19. The hours required are Tuesday evenings 4.30-5.30pm, Wednesday afternoons 2.20-3.30pm, and some Saturdays, although not many at all.

However, there are fixtures in place of the training sessions on a Tuesday, and Wednesday afternoon Games session, so timings can alter and venues etc. due to the nature of fixtures.

I would also like someone to help run pre-season netball training on the 1st September, 10-12pm.

It is a fabulous school with excellent facilities. The girls join the School at Sixth Form only, so you get them for two years and then they obviously move on to university etc. So there is new talent coming every year. They are established in their netball, so it requires someone who can coach them at that level and develop them.

For more info, please call Vicky: 07973564202

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