

Netball East Celebrate with its Volunteers!

The East Regional Assembly and Golden Globe presentations took place on Saturday 13th June 2015 at the Cambridge Regional College, Cambridgeshire. Although the day started with dark clouds and heavy rain, this did not dampen the spirit of all the nominees and guests who turned up for the occasion.



The day kicked off with a Mavericks coaching workshop led by, Olivia Murphy, Amanda Newton and Mel Mansfield. The workshop was well attended and enjoyed by all.

Following the workshop, the nominees, guests and East Region members came together and joined for lunch and refreshments to share and celebrate the occasion. Lunch was followed by the East Regional Assembly and Golden presentations. This proved to be a great year for Essex, as they swept the board taking home an award in every available category. Guests presenting the awards, included, Joanne Adams (Interim EN CEO), Jan Burke (EN HLM), Brian Worrell (EN HLM). Congratulations must also go to all those that were nominated, without your hard work we would not be able to play the sport we love.

Golden Globe winners are:

- Officiating Award – Debbie Hands – “I’m Gob smacked, honoured???”
- Outstanding Club of the year Award– Kats NC – “I’m very Proud and happy to give big opportunities to adults and children to play netball”
- Coach award- Kate Humphreys – “I Love netball and it has helped me through lives up and downs, it is very nice to be recognised from Netball East”
- Teacher of the Year Award – Jess Ferguson
- Chris Harpham / Young Volunteer Award– Steph Collingbourne – “I love netball and this award means everything to me, it will be nice to celebrate with the other winners at the national awards”
- Muriel McNally Award– Jeanne McCann – “I get my reward weekly from all my kids but this just top it off”
- Mary Bulloch Administrator Award– Mandy Hales – “I’m so proud and honoured, after 39 years within an administration role within the league, it also helps our celebrations of 50 year of Essex netball”
- Unsung Hero Award – Beryl Webb – “I’m thrilled to have been nominated and I could not have done it without my family support and all netballers become a friend too”

Claire Popperwell (Essex Netball Development Officer) and Dawn Bullimore (East Essex County Chair) and the Golden Globe winners.



East Region Performance Academies

Recognition was also given at the Golden Globes to the athletes from the East Regional Performance Academy and Regional Academies, with guest George Fisher (EN U21 squad), congratulating and presenting the awards in this category. Recipients of the awards were:

Regional Academy Braintree:

- Coaches Player - Poppy Douglas
- Commitment of the year - Amy Danks
- Commitment of the year - Sophie Panons
- Most Improved Player – Georgia Sasse

Regional Academy Oaklands:

- Coaches Player - Sasha Joseph
- Commitment of the year – Katie Bowen
- Most Improved Player - Sarah Needham

Regional Performance Academy

- Coaches Player - Emily Gulvin
- Commitment of the year – Chloe Gregory
- Most Improved Player – Anna Hunt



Regional Club League

Billericay from East Essex were crowned RCL champions and represented East in the Premier league 3 play offs but although going very close were unable to complete the jump to the Premier league. Runners up in Division 1 were Ipswich Ladies from Suffolk for the second year running. Division 2 winners were Eastwood from East Essex and runners up Comberton from Cambridgeshire who have taken their place at the top of the Regional Ladder for the first time. In Division 3 new comers Cheshunt from Hertfordshire were unbeaten all season and with Hereward Harriers from Cambridgeshire will compete in Division 2 next season.

Under 16 RCL

The tournament was a successful day of good quality netball with Turnford from Hertfordshire winning and Eastwood of East Essex runners up. At the national finals Turnford achieved a brilliant 3rd place overall and Eastwood 12th place.

Under 14 RCL

Run along the same lines as the Under16 tournament Hertfordshire teams dominated with **Turnford** the winners of the tournament and **ASCO** runners up. At the National finals Turnford excelled and achieved 3rd place and ASCO were placed in 8th place.

Fixtures dates for the new season of RCL 2015-16 can be found on the competition page of the Netball East website: www.netballeast.org.uk

Hertfordshire Disability Netball at the Marion Smith Championships 2015

On the 6th June 2015, Hertfordshire's St Albans Special Olympics Netball Squad (Active SOSA) took to the courts at Soar Valley in Leister for the Annual Marion Smith Championships.

Active SOSA are a team combined of adults and children with learning disabilities. They have been training Netball since September 2014 at Westminster Lodge, St Albans. The sessions are funded through a Sport England Sportivate project and Hertfordshire County Netball Association funding. The team turn up early every week, who are keen and ready to get involved, showing fantastic team work and Netball skills.

Their Coach Louise Blay of Kardale Netball club commits fully to ensure the team have a safe, fun and progressive session week in and week out. She states "I was so impressed with the attitude of the team on the day. They are such positive, inspirational people and they made me really proud to be their coach. I love seeing them enjoy playing netball and I love being able to give them that opportunity!"



The team had a fantastic day and were placed 4th overall, gaining one win. The team captain Ed Barratt kept the team motivated throughout the day and maintained the team spirit.

Hertfordshire County Netball Association supports the Disability Netball in the County and is keen to develop new sessions and grow awareness.

Janice Cook, Herts County Netball Association Chair and volunteers travelled up to Leister to support the team on their first outing. Janice Cook, was delighted that Hertfordshire, in partnership with Special Olympics, were able to send a team to the Marion Smith national disability tournament. "Considering our team had only been training for a few months, they did brilliantly, winning 8-4 in one of their games".

Picture: Janice Cook, June Griffiths and Chris Beasley with the St Albans Special Olympics Netball Squad.



Hethersett NC victorious in Netball Village Games competition.



The Active Norfolk Village Games netball competition was held on Sunday 26th April 2015 at the University of East Anglia (UEA) Sportspark.

It was a fantastic day of Netball with everyone taking part in a fun and friendly competition. The day started with the 12 teams playing in two pools of 6, which gave the team's lots of matches to play and our beginner umpires lots of match practice too. After a short lunch break, the final rounds of games took place to decide the placing and the overall winner of the competition.

The Final was an exciting and also nail-biting with both teams equal after full time and extra time. Hethersett won on a golden goal after being level with Great Massingham even after two periods of extra time.

The big thank you to the Umpires, UEA Sportspark, Active Norfolk and of course the players for making it such a great day of netball. The results were as follows:

- 1st Hethersett
- 2nd Great Massingham
- 3rd Long Stratton
- 4th Scarning
- 5th Rackheath
- 6th Briston
- 7th Old Catton
- 8th Lophams
- 9th Poringland & Framingham
- 10th Hickling
- 11th Beetley
- 12th Southtown

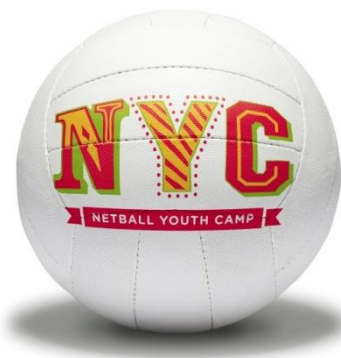


Over the next couple of weeks, Norfolk have some great netballing events happening. Tuesday 23rd June sees the Norfolk School Games competition at the UEA Sportspark, 16 schools are battling out to take the title of large school winners and 14 teams for the small school winners. Good Luck to all the teams taking part. The event is being supported by our fantastic umpires and students from Reepham High School. We have the first Fit4work tournament on Monday 29th June at the UEA Sportspark with 10 local business teams supporting the event and hopefully many of them will join us at the Netball Now sessions start the following Tuesday 7th July at City Academy Norwich.

Netball Youth Camps 2015

England Netball Youth Camps are coming your way again this summer! After the success of the camps last year, England Netball has planned more netball camps to be delivered the East region this summer. All the camps will be delivered by qualified England Netball Coaches and have England Netballers attending. This is a great opportunity for young netballers to develop new skills, make new friend and most importantly, have lots of fun. For more information about the camps and/or to download a booking form, please contact England Netball on:

www.netballevents.co.uk



- Moulsham High school, Chelmsford, Essex - 27th to 31st July, 10-3pm (Age 11-16 yrs)
- Hemel Hempstead school, Herts - 27th to 29th July, 10am to 3pm (Age 9-11 yrs)
- Culford School, Bury St Edmunds, Suffolk - 3rd to 5th August, 10am to 3pm (Age 11-16 yrs)

Big Summer of Netball

Harlow - One day tournament Senior Charity tournament (seniors – age 16 and over):

- Sunday 5th July, 10 am to approx. 4pm at Mark Hall School, London Road, Harlow, Essex. For more information contact Karen Heskett on: karen.heskett@ntlworld.com.

Norwich - One day tournament open to junior/senior:

Sunday 12th July 2015, 10am to 4pm at City Academy Norwich. The teams are mixed with a minimum of 4 juniors and 3 adults. For more information contact Jenny Day on:

Jenny.day@englandnetball.co.uk.



DATES FOR YOUR DIARY...

UKCC COACHING COURSES

UKCC Level 1

- Framlingham College, Framlingham, Suffolk, 27th September & 18th October 2015
- Luton 6th Form College, Luton, Bedfordshire 1st October & 21st November 2015
- Oaklands College, St Albans, Hertfordshire, 30th January & 21st February 2016

UKCC Level 2

- Abbey Croft Leisure, Bury St Edmunds, Suffolk: 12/13th Sept, 10/11th Oct & 8th Nov



Hertfordshire Mavericks Summer Camps

Mini Mavericks Summer Club, 4th July to 5th September 2015, 9am to 10.30am, £10 per session or £75 for 10 weeks -Age range 7 to 11 years old. For more information email: netballcamps@mavericksnetball.co.uk

Mavericks Developmet Squad Trials 2015

- Saturday September 5th - Years 7 and 8
- Sunday September 6th - Year 9 and 10

Location: Sele School in Hertfordshire Welwyn Road, Hertford SG14 2DG.

Further details regarding the development squad trials and forthcoming coaching workshops will follow at a later date.



HIGH 5 COACHING WORKSHOPS



Further courses to be planned in each county from September 2015

TIME TO LISTEN COURSES

Further courses planned for 2015-16 to register your interest and receive information directly email east@englandnetball.co.uk

OFFICIATING

- C-Award, Hylands School, Chelmsford, Essex, 12th July 2015

Further Beginner, C-Award and B-Award courses to be confirmed

TECHNICAL SKILL COACHING WORKSHOPS

Winning the Ball:

- Stowupland High School, Stowmarket, Suffolk, 6.30-9.30pm, Wed 15th July 2015

Further courses to be planned in each county from September 2015

PERFORMANCE SCOUTING WORKSHOP

- Oaklands College, St Albans, Hertfordshire, 10am to 4pm, Saturday 19th July 2015