

Netball East Celebrate with Volunteers

The East Regional Assembly and Golden Globe presentations took place on Saturday 11th June 2016 at the Cambridge Regional College, Cambridgeshire.

The day kicked off with a Mavericks coaching workshop led by Karen Atkinson and Colette Thomson. The workshop was well attended and enjoyed by all.

The workshop was followed by lunch where the nominees, guests and East region members joined for lunch and refreshments where everyone came together to share and celebrate the occasion. Lunch was followed by the East Regional Assembly and Golden presentations. Guests presenting the awards, included Mike Bedford, John Pitts, and Linda Swain.

Golden Globe winners are:

- **Officiating Award** – Maureen Lee - “I feel brilliant, it’s an honour to be recognised. I give up my time to do something that I love. I love what I do.”



- **Outstanding Club of the year Award**– Rookies NC – “We are absolutely thrilled with this award for Outstanding Netball Club & dedicate the award to all our volunteers that give up valuable time in order to help with everything that is involved from coaching, team management, umpiring, scoring & all the committee duties. It feels really great to know that we have achieved something good enough to be recognised as Outstanding!!”



- **Coach award**- Sachel Grant – “I am totally honoured and humbled to receive such an award. I did not expect it at all. Thankfully I love what I do and do what I love”

- **Chris Harpham / Young Volunteer Award**– Jemma Youens – “I didn’t expect it, I feel so honoured. I will continue to do the work that I do and going forward I am going to be the fundraising officer. Thank you so much”



- **Muriel McNally Award**– Judith Walton– “I am very grateful to be nominated and It’s a fabulous feeling to win, I feel very honoured. Sometimes you do things and you are not recognised and you think why do I do this, but then you get nominated for an award and it’s like, I must be doing things right. I have seen the league go through some low times, but it has been built up to 64 teams. I am extremely grateful.”



- **Mary Bulloch Administrator Award**– Clair Gale – “I feel gobsmacked and very privileged to have been nominated and even more privileged to have won the award”



- **Unsung Hero Award**– Tracey Butcher - "I was very pleased to pick up the award on Saturday but it was extra special knowing that one of my parents from club put me forward - thinking I was worth it! I am most grateful for the nomination and for the support and effort club members (including parents) offer to me as a coach at Jetts Netball Club".



- **Teacher Award** – Donna Cooper – "I didn't think I had a chance to win the award and couldn't believe that I won! When I heard the statement being read I kept saying no that can't be me."



Recognition was also given to the athletes from the East Regional and Regional Performance Academies, with guest George Fisher (EN U21 squad), congratulating and presenting the awards in this category. Recipients of the awards are:



Regional Academy Braintree:

- Coaches Player - Sewa Adedoja
- Commitment of the year – Phoebe Wickham
- Most Improved Player – Jasmin Bonsu-Hefford

Regional Academy Oaklands:

- Coaches Player - Becky Knights
- Commitment of the year – Fiona Fuller
- Most Improved Player – Ellie Rattu

Regional Performance Academy:

- Coaches Player - Aimee Hatley
- Commitment of the year – Toni Wright-Brown
- Commitment of the year – Ellie Hobbs
- Most Improved Player – Katie Bowen

Congratulations to all our winners who will now go forward to be nominated for the England Netball National Golden Globes 2016 which will be held on 17th September 2016.

High Spirits at Back to Netball Baldock

Back to Netball is going from strength to strength in Baldock with a growing group of great ladies from a wide range of backgrounds and experiences. Whatever your reasons for joining in, no matter how little or how much you have played previously, this great bunch will always welcome you with open arms and a smile.

Coached by Florrie Jones the group are always motivated and eager to learn new skills, drills and above all play a game or two. The group are committed and forward thinking with plans



for the future including entering competitions and competing against other Back to Netball Clubs from the surrounding areas.



The Back to Netball sessions are open to women aged 16 and above.

There are always plenty of opportunities to take part, even if sometimes people want to play the same position!

Feedback on the session speaks for itself with comments stating: *'God talk about an absolute scream and getting fit. Loved it!'* and *'Its great fun I love it!'*

Sessions run Thursdays from 7:30 – 8:30 at a cost of only £3!

For more info on this session please email Lucy.Ponting@englandnetball.co.uk or Oliver.Buncombe@englandnetball.co.uk

Or call: 07525 703 153



For more information on Back To Netball sessions near you, please visit:

www.englandnetball.co.uk/netball-finder/category/back-to-netball/

Hertfordshire County Awards Evening & AGM

At the recent Hertfordshire County Awards Evening/AGM, a fantastic audience gathered to vote on the future direction of the county and congratulate individuals and teams on fantastic performances during the last season and for outstanding volunteering service.



There were nominees for all the Hertfordshire County Awards with a well-deserved reception for each deserving winner. Trophies and medals were received by the National Schools winners, Berkhamsted School for Girls and the Hertfordshire Satellite Team for winning the Inter Counties Tournament.

Volunteer service awards were received by a range of young and long serving volunteers from across the county, including Hilary Warne who has stepped down from her County Performance Lead role after 36 years of volunteering for Hertfordshire County Netball.

It is a credit to the service and dedication of the Hertfordshire County Committee that all individuals who held the positions were re-elected to stand again for another term; and a credit to the success of the county that all vacant positions were filled during the AGM elections.



Hertfordshire also celebrated its 90th Anniversary with a letter of congratulation from The Queen and a presentation of netball through the ages. The event was enjoyed by all with many young players and volunteers attending, giving the next generation of Netballers some sense of history as well as something to aspire to achieve for the future.

All the photos from the event can be found on the Herts NDO Facebook site: www.facebook.com/hertsndo

For any other information on this or any other events or initiatives happening in Hertfordshire please email:
Oliver Buncombe, Netball Development Officer for Hertfordshire
Oliver.Buncombe@englandnetball.co.uk

Norfolk School Games High 5 Netball Finals

The year 5-6 High 5 Netball Finals were held at the Sportspark and saw 29 teams of 8 girls/boys from across the county taking part in two separate competitions. One competition was for big schools (>125 pupils) and the other was for small schools (<125 pupils).

There were lots of great netball being played throughout the day. The action continued throughout despite some mixed weather that saw periods of warm sunshine followed by showers.

Teams in the big schools competition were split into four groups with teams competing against each other in a round robin format. The top two teams from each group then went forward into the Cup competition with the bottom two teams going into the Plate competition.



Within the Cup and Plate competitions teams were again split into two groups who played against each other in a round robin format. The teams that finished in the same position in each of the groups then played off for overall placings (e.g. 1st in Group 1 vs 1st in Group 2 for 1st/2nd overall etc.). All teams across the courts showed great sportsmanship to one another.



At the end of the day the headline results were;
1st – Cringleford Primary School – (Norwich SSP)
2nd – Homefield Primary School – (East Norfolk SSP)
3rd – Attleborough Junior School – (Breckland SSP)

In the Small Schools competition, 13 teams were split into two groups would played against each other. The finishing positions for each group were then used to play teams off against each other for overall positions as in the Big Schools competition.

The results were;

1st – Garboldisham Primary School – (South Norfolk SSP)
2nd – Wreningham Primary School – (South Norfolk SSP)
3rd – Sandringham Primary School – (West Norfolk SSP)

The event was supported by volunteer officials from a number of local netball clubs as well as sports leaders from Norwich School and Reepham High School.

Norfolk Netball Development Officer, Jenny Day was there to discuss new club opportunities for all the girls who were looking to join a netball club in the county and help them continue playing in the sport that we all love!

The event also had a VIP guest in the form of England Netball player Lindsay Keable. Lindsay spent all day talking to the young players, signing autographs and having her photo taken. The pupils were very interested to hear all about how Lindsay got in to netball and how often she trains amongst many other good questions.



**If you are looking for more netball opportunities in Norfolk please contact Jenny Day, Norfolk NDO:
Jenny.Day@englandnetball.co.uk**

New Walking Netball Sessions

Walking Netball has evolved from a growing demand for walking sports. Often, one of netball's strengths is that people never forget playing the sport and the memories as well as the love for the game never leave. Walking Netball is a slower version of the game; it is netball, but at a walking pace. The game has been designed so that anyone can play it regardless of age or fitness level.

From those who have dropped out of the sport they love due to serious injury, to those who believed they had hung up their netball trainers many years ago, it really is for everyone.

Women the length of the country have begun playing the game of Walking Netball for the fun, laughter and camaraderie the social session brings, as much as the health benefits on offer. It can give those who feel isolated an outlet, provide an activity for those who don't deem themselves fit enough to run anymore and offer a stepping stone for those looking for a pathway back into netball.



Sessions in the East:

DAY	TIME	VENUE	CONTACT
THURSDAYS	11AM-12PM	SPORTSPACE BERKHAMSTED, , BERKHAMSTED, HERTS, HP4 3QQ	LUCY PONTING 07834500189 LUCY.PONTING@ENGLANDNETBALL.CO.UK £3.50 PER SESSION
THURSDAYS	1PM-2PM	NORTH HERTS LEISURE CENTRE, LETCHWORTH, HERTS, SG6 2ER	LUCY PONTING 07834500189 LUCY.PONTING@ENGLANDNETBALL.CO.UK
FRIDAYS	10AM-11AM	WATERFARM SPORTS CENTRE, CANVEY ISLAND, ESSEX, SS8 9RA	ZOE LYNCH 07545924991 ZOE.LYNCH@ENGLANDNETBALL.CO.UK
MONDAYS	10AM-11AM	MARINA LEISURE CENTRE, GRT YARMOUTH, NORFOLK, NR30 2ER	NORFOLKWALKINGNETBALL@GMAIL.COM £3 PER SESSION
MONDAYS	1.30PM-3PM	WATTON SPORTS & SOCIAL CLUB, THETFORD, IP25 6EZ	NORFOLKWALKINGNETBALL@GMAIL.COM £3 PER SESSION
TUESDAY 5 TH , 12 TH AND 19 TH JULY 2016	10AM-11AM	BRECKLAND LEISURE CENTRE, THETFORD, IP24 1JD	NORFOLKWALKINGNETBALL@GMAIL.COM £3 PER SESSION

More sessions will be coming across the region in September, keep an eye out!

To locate a session near you, please visit:

www.EnglandNetball.co.uk/netball-finder/category/walking-netball/

Hertfordshire Mavericks



MIRANDA'S 3 DAY NETBALL CAMPS FOR AGES 10 - 13 | ONLY £80 PER CHILD

CA1MP 01-03 JUN 2016 | WODSON PARK, HERTS
3 DAY CAMP • 10AM-3PM
COACH: LINDSAY KEABLE & NPL PLAYER

CA2MP 01-03 JUN 2016 | BEDFORD ACADEMY, BEDFORD
3 DAY CAMP • 10AM-3PM
COACH: SAM MAY & SOPHIE HANKIN

CA1MP 08-10 AUG 2016 | STANBOROUGH SCHOOL, HERTS
3 DAY CAMP • 10AM-3PM
COACH: SAM MAY & SOPHIE HANKIN

CA2MP 17-19 AUG 2016 | CHELMER VALLEY SCHOOL, ESSEX
3 DAY CAMP • 10AM-3PM
COACH: LINDSAY KEABLE & NPL PLAYER

CA1MP 22-24 AUG 2016 | BEDFORD ACADEMY, BEDFORD
3 DAY CAMP • 10AM-3PM
COACH: SACHEL GRANT & NPL PLAYER

MAVERICKS 1 DAY MASTER CLASS

TUESDAY 31 MAY

10AM-3PM 1 DAY MASTER CLASS

UNIVERSITY OF HERTFORDSHIRE SPORTS VILLAGE,
HATFIELD, HERTFORDSHIRE

COACH: LINDSAY KEABLE, MAVERICKS NSL PLAYER

FOR AGES 12 - 14

£45.00

EACH
BOOK NOW!

WEDNESDAY 31 AUG

10AM-3PM 1 DAY MASTER CLASS

UNIVERSITY OF HERTFORDSHIRE SPORTS VILLAGE,
HATFIELD, HERTFORDSHIRE

COACH: LINDSAY KEABLE, MAVERICKS NSL PLAYER

FOR ALL ENQUIRIES EMAIL: NETBALLCAMPS@MAVERICKSNETBALL.CO.UK

CAMPS AND MASTER CLASSES SUPPORTED BY THE UNIVERSITY OF HERTFORDSHIRE, OFFICIAL SPONSOR OF MAVERICKS YOUTH AND THE OFFICIAL PLAYER PATHWAY SPONSOR



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MyFrame

Destination NETBALL

Rachel :)
Ellen :)



WELCOME TO

NETBALL YOUTH CAMP EAST REGION

CAMBRIDGESHIRE – Monday 25th – Wednesday 27th July 2016
from 10am-3pm
Longsands Academy, St Neots, Cambridgeshire, PE19 1LQ

ESSEX – Monday 25th – Friday 29th July 2016
from 10am-3pm
Chelmer Valley High School, Court Road, Broomfield, Chelmsford, CM1 7ER

HERTFORDSHIRE – Wednesday 27th – Friday 29th July 2016
from 10am-3pm
Wodson Park Sports Centre, Ware, Hertfordshire, SG12 0UQ

Early bird, sibling & group discounts available

For information and booking please visit

www.netballevents.co.uk

www.englandnetball.co.uk/NYC

Nothing But Netball
Holiday Camp for 11-16 year olds



MyFrame

HOLIDAY

Boredom OVER

Anni xx
Lizzy



WELCOME TO

NETBALL YOUTH CAMP

Ipswich, Suffolk
Netball Holiday Camps for 9-11 year olds

Dates:
Monday 25th – Wednesday 27th July 2016
10am-3pm

Place:
Rushmere Sports Centre, Ipswich,
Suffolk, IP5 1DE

Cost:
£90 England Netball members/ £115 non-members
(Early bird, sibling & group discounts available)

For information and booking please visit

www.netballevents.co.uk

www.englandnetball.co.uk/NYC

Nothing But Netball
Holiday Camp for 9 - 11 year olds



@NetballEast



/NetballEast

Camelot NC is based in Hemel Hempstead. We are a mixed ability club with players ranging from school age to a lot older! We have 9 or 10 regular teams in 3 leagues in and around Hertfordshire. We are looking for a coach to run training sessions on a Tuesday evening 8-9pm @ JFK school in Hemel. We pay around £20ph. If interested please contact Cherry Langford on 07985 313760 or cherry.langford@annodata.co.uk

NETBALL EAST are looking for coaches to support our Netball Youth Camps this summer. For more information please email: east@englandnetball.co.uk

If you are interested in becoming a coach, sign up to our mailing list and be first to hear about our new UKCC Courses and Coaching Workshops. East@englandnetball.co.uk

Hertford Hornets are looking for a L2 coach for their 5 adult teams. If interested, contact Hertfordhornets@gmail.com

If you are interested in becoming an assistant coach for East Regional Academy and Regional Performance Academy, request an expression of interest form to the email below: East@englandnetball.co.uk

Back to Netball coaches required on Mondays 7pm-8pm in Letchworth and on Wednesdays 8pm-9pm in Watford. For more information please email Lucy Ponting: Lucy.Ponting@englandnetball.co.uk

If you are interested in coaching Back to Netball or Walking Netball, please email: East@englandnetball.co.uk

SAVE THE DATE!

17-18 SEPTEMBER WORCESTER

MAKE THE GAME



ENGLAND NETBALL

NATIONAL COACHING AND OFFICIATING
CONFERENCE

Coaches

Officials

MAKE
THE
GAME



MAKE
THE
GAME

England Netball's National Coaching & Officiating conference is back at the University of Worcester!

The conference is open to Coaches and Officials and will provide a unique and invaluable learning opportunity to develop in your chosen field.

The final details of the conference are being worked on now, so we will let you know as soon as more information is available so you can book your place!

In the meantime, make sure you keep this date in your diary for what promises to be yet another unmissable event.

IT'S GOOD TO SHARE

