

### A Special Mention to Billericay NC



Billericay Netball Club were promoted to Premier Division 3 after an exciting final against Dudley NC on the weekend of 14<sup>th</sup>/15<sup>th</sup> May 2016. Billericay played a round robin beating Charnwood, Riverside and Blackpool before taking on Dudley in the final. A huge pat on the back needs to be given to Kate Humphreys and all the Billericay athletes who participated during the season and at the finals this weekend. Best wishes for next season from all of us! Lindsay Barratt who

plays for Billericay said 'we're thrilled that all of our hard work has paid off and said it was nail-bitingly close'.

Lindsay volunteers as a coach for sport for confidence for people with disabilities – she incorporates netball into the sessions. The players look forward to it every week and find the sessions really engaging.

Congratulations to Billericay NC who got promoted to Premier League 3 in May playing some fantastic netball at the Premier League Playoffs in Sheffield. Perfect ending to a great season.



### Back To Netball in Essex

Back to netball sessions started in Brightlingsea on Tuesday 3<sup>rd</sup> May and we had a whopping 22 ladies attend the first session with an age range of 16-65! All of the ladies thoroughly enjoyed the session and gave it a big thumbs up at the end of match play.



A big thank you needs to go to Rebecca Gardner who was pivotal in setting up the sessions.

For all of the Back to Netball Sessions in Essex check out the brand new England Netball- Back to Netball page - <http://wordpress-4836-14042-80482.cloudwaysapps.com/netball-finder/category/back-to-netball/>

Wendy, 65, commented that she hadn't played for nearly 30 years and she said she'd previously played county and was so excited to hear about the Walking Netball programme that's starting up in May.

We are lucky to have been selected to pilot Walking Netball in Essex and we have a session starting this Friday 26<sup>th</sup> May at Waterside Farm Leisure Centre in Canvey Island. For more information email [zoe.lynch@englandnetball.co.uk](mailto:zoe.lynch@englandnetball.co.uk)

## Stanborough Netball Centre Grand Opening

England Netball are excited to reveal the opening of a fantastic new facility at Stanborough School in Welwyn Garden City.

Stanborough School is the home of the Welwyn Hatfield Netball League, and their outdoor facility has now been transformed into a dedicated netball centre with 9 floodlit courts, brand new surface, fencing and posts.

As well as being a valuable venue for grass roots netball development, it is now the Hertfordshire County Netball Centre and is set to host a variety of County, Regional and National competitions.

The project was completed on Friday 20<sup>th</sup> May and with the lines freshly painted, the facility was opened to the netball community on Saturday 21<sup>st</sup> May.

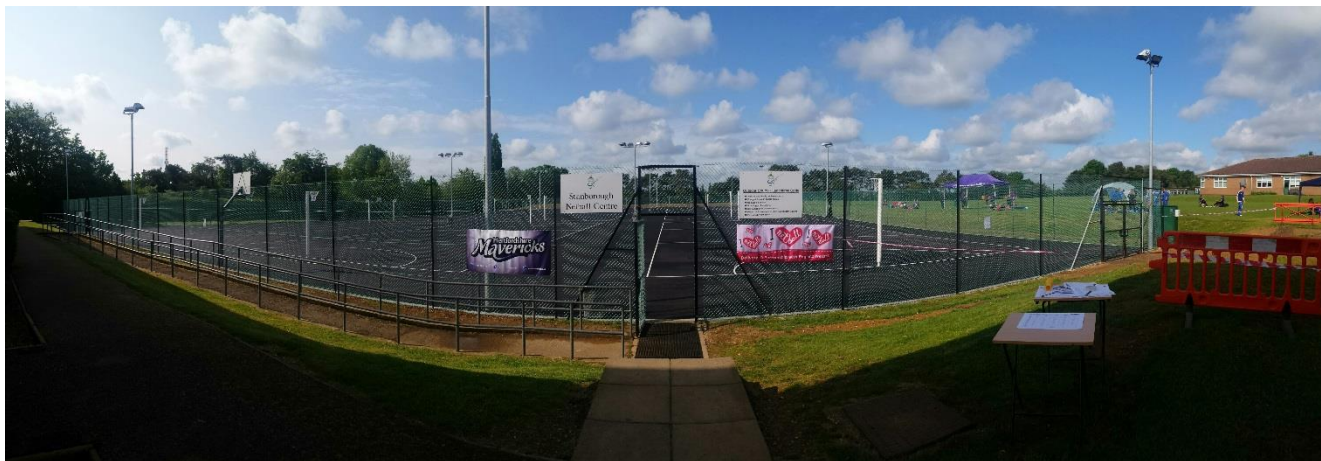
Helen Wynn, Director of Development, England Netball, Tim Braybrook, Deputy Head teacher, Stanborough School and Georgina Fisher, England and Mavericks netball player officially marked the occasion.



Other players from the Hertfordshire Mavericks Vitality Netball Superleague squad joined George Fisher as the facilities were used for their End of Season Tournament which was contested across the weekend.

Players Samantha May, Sophie Hankin, Steph Collard, Michelle Drayne and Sophie Carter attended the tournament, cheering on all competing teams and meeting the players.

On Saturday, junior teams from across the region competed in U12, U14 and U16 age-groups in a round-robin event with semi-finals and finals to cap off the day.



On Sunday, Back to Netball teams also took to court in a round-robin format, as did Open squads in what was a fantastic weekend of netball.

The facility was officially opened to Stanborough School the evening of Tuesday 24<sup>th</sup> June when the occasion was marked by a fun student vs staff fixture!

The key funding partners were England Netball, Sport England (This funding was provided by HM Exchequer as part of the Department of Culture, Media and Sport investment to Sport England and delivered in partnership with England Netball) and Welwyn Hatfield Council.



The venue will look to drive increasing levels of participation in netball at all ages as well as improve people's satisfaction with the provision of high standard courts.

It is with great pleasure that England Netball have been able to support this project in Hertfordshire and hope that

new, existing, young and more mature enjoy it for many years to come.

The new facility represents a partnership that England Netball have built up with Stanborough School who together with the financial support of Sport England, Welywn Hatfield Council, parents, local netball players and local sponsors, have worked extremely hard to make the project happen.



Thank you to Stanborough School and all of these partners who have supported our sport and shared in our vision to grow the game, provide a first class experience and make us number one in the World.



The winners from both days of the tournament are as follows:

Junior Tournament –

U12 – Clan

U14 – MK Netters

U16 Clan

Adult Open – Hertford Hornets

Back To Netball – Berko Belles



## Netball East Satellite Academy Tournament

On a beautiful sunny day on Saturday 7<sup>th</sup> May 2016, Norfolk played host to the East Region Satellite Academy Tournament at the UEA Sportspark. 18 teams from the six counties (Bedfordshire, Cambridgeshire, Essex, Hertfordshire, Norfolk, North Bucks, and Suffolk) competed for the overall winners of the tournament.

The format changed slightly this year to allow all the academy players to play as their county teams, which went down very favourably with players and team managers.



The morning playing schedule was a round robin competition of 4 pools to see which teams would go forward to a cup competition and the remaining teams into a plate competition. After some very tight games and some high scoring matches, the results were in for the afternoon session.

After 6 hours of fantastic netball being played in the glorious sunshine, more like a July day than early May, the eventually winners of the cup tournament was Hertfordshire 1<sup>st</sup> with runner up being North Bucks Milton Keynes.

In the plate competition winners were Essex Chelmsford 2, with runner up being North Bucks Aylesbury. Congratulations to all the teams taking part and to the individual players nominated by their team manager for their valuable contribution during the day. Each player was awarded an I heart netball water bottle presented by Sam Meade.

One final thank you to the UEA Sportspark and City Academy Norwich for allow us to use their facilities and for all the umpires who supported the event.



### Cup Competition (top 10 teams from the morning round)

- 1<sup>st</sup> Hertfordshire 1
- 2<sup>nd</sup> North Bucks – MK
- 3<sup>rd</sup> Essex Basildon
- 4<sup>th</sup> Essex Chelmsford 1
- 5<sup>th</sup> Norfolk 1
- 6<sup>th</sup> Bedfordshire 1
- 7<sup>th</sup> Hertfordshire 2
- 8<sup>th</sup> Suffolk 3
- 9<sup>th</sup> Norfolk 2
- 10<sup>th</sup> Suffolk 2

### Plate Competition

- 1<sup>st</sup> Essex Chelmsford
- 2<sup>nd</sup> North Bucks - Aylesbury
- 3<sup>rd</sup> South Cambs
- 4<sup>th</sup> North Cambs
- 5<sup>th</sup> Cambs (Mixed)
- 6<sup>th</sup> Norfolk 3
- 7<sup>th</sup> Suffolk 1
- 8<sup>th</sup> Bedfordshire 2

Congratulations to all the teams and to the players nominated by the team manager.

## Bedfordshire Girls Represent

Becky Reed and Kayleigh Jean will be representing England at the Indoor Nets in August, in New Zealand. Internationally, Nets/Indoor Netball is governed by the World Indoor Netball Association (WINA). WINA organise and run a series annual international tournaments.

In October 2015 England Netball took gold at the Nets World Championships in Australia. Four teams went to the Aged World Championships, and the U18 ladies squad became World Champions, beating South Africa 51- 47 in the final. They also became the first ever England team to beat Australia in Nets, doing so three times across the competition!



England Nets are looking to build on their success in Australia last year as



they travel to New Zealand to compete in the World Indoor Netball World Cup in August.

Becky and Kayleigh are working hard to secure funding, so they have a fun mixed tournament on Saturday 18<sup>th</sup> June, followed by a Race night.

For more information please email [kay1jean@hotmail.com](mailto:kay1jean@hotmail.com) and [becky\\_reed@live.co.uk](mailto:becky_reed@live.co.uk)

Hayley Mackellar is from Bromham in Bedfordshire. She currently coaches Team Beds a regional team. She has 11 CAPS for Scotland and represented Scotland at Netball Europe 2016 in Newcastle. At the tournament Scotland were third in the championship section of the tournament.

It was the first time that all nine full members of Netball Europe participated in this annual event. England, Scotland, Northern Ireland and Wales competed in the Performance section and England once again took first place, with Wales winning silver and Scotland bronze. Beth Goodwin from Scotland was voted player of the tournament.

Netball Scotland is responsible for promoting, organising and developing netball in Scotland from 'grass roots' to elite level, with more than 2,900 registered members and an estimated 20,000 participants in Scottish schools.

Netball Scotland is currently expanding their membership base beyond eight traditional areas to regions such as the Scottish Highlands, the Borders and the Islands, based upon increased government funding. To ensure a quality participation environment, education and training courses



are conducted with support for members through insurance cover and child protection expertise. Netball Scotland also provides opportunities for talented athletes, coaches and umpires on the world stage based upon a strong presence in international netball.

Well done Hayley.



## New Walking Netball Sessions

Walking Netball has evolved from a growing demand for walking sports. Often, one of netball's strengths is that people never forget playing the sport and the memories as well as the love for the game never leave. Walking Netball is a slower version of the game; it is netball, but at a walking pace. The game has been designed so that anyone can play it regardless of age or fitness level.

From those who have dropped out of the sport they love due to serious injury, to those who believed they had hung up their netball trainers many years ago, it really is for everyone.

Women the length of the country have begun playing the game of Walking Netball for the fun, laughter and camaraderie the social session brings, as much as the health benefits on offer. It can give those who feel isolated an outlet, provide an activity for those who don't deem themselves fit enough to run anymore and offer a stepping stone for those looking for a pathway back into netball.



### Sessions in the East:

DAY	TIME	VENUE	CONTACT
THURSDAYS STARTING 2 <sup>ND</sup> JUNE 2016	11AM- 12PM	SPORTSPACE BERKHAMSTED, , BERKHAMSTED, HERTS, HP4 3QQ	LUCY PONTING 07834500189 <a href="mailto:LUCY.PONTING@ENGLANDNETBALL.CO.UK">LUCY.PONTING@ENGLANDNETBALL.CO.UK</a>  £3.50 PER SESSION
THURSDAYS STARTING 2 <sup>ND</sup> JUNE 2016	1PM- 2PM	NORTH HERTS LEISURE CENTRE, LETCWORTH, HERTS, SG6 2ER	LUCY PONTING 07834500189 <a href="mailto:LUCY.PONTING@ENGLANDNETBALL.CO.UK">LUCY.PONTING@ENGLANDNETBALL.CO.UK</a>
FRIDAYS STARTING 3 <sup>RD</sup> JUNE 2016	10AM- 11AM	WATERFARM SPORTS CENTRE, CANVEY ISLAND, ESSEX, SS8 9RA	ZOE LYNCH 07545924991 <a href="mailto:ZOE.LYNCH@ENGLANDNETBALL.CO.UK">ZOE.LYNCH@ENGLANDNETBALL.CO.UK</a>
MONDAYS STARTING 13 <sup>TH</sup> JUNE 2016	10AM- 11AM	MARINA LEISURE CENTRE, GRT YARMOUTH, NORFOLK, NR30 2ER	<a href="mailto:NORFOLKWALKINGNETBALL@GMAIL.COM">NORFOLKWALKINGNETBALL@GMAIL.COM</a>  £3 PER SESSION
MONDAYS STARTING 13 <sup>TH</sup> JUNE 2016	1.30PM- 3PM	WATTON SPORTS & SOCIAL CLUB, THETFORD, IP25 6EZ	<a href="mailto:NORFOLKWALKINGNETBALL@GMAIL.COM">NORFOLKWALKINGNETBALL@GMAIL.COM</a>  £3 PER SESSION
TUESDAY 5 <sup>TH</sup> , 12 <sup>TH</sup> AND 19 <sup>TH</sup> JULY 2016	10AM- 11AM	BRECKLAND LEISURE CENTRE, THETFORD, IP24 1JD	<a href="mailto:NORFOLKWALKINGNETBALL@GMAIL.COM">NORFOLKWALKINGNETBALL@GMAIL.COM</a>  £3 PER SESSION

More sessions will be coming across the region in September, keep an eye out!

To locate a session near you, please visit:

[www.EnglandNetball.co.uk/netball-finder/category/walking-netball/](http://www.EnglandNetball.co.uk/netball-finder/category/walking-netball/)



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## Sport England Strategy 2017-21

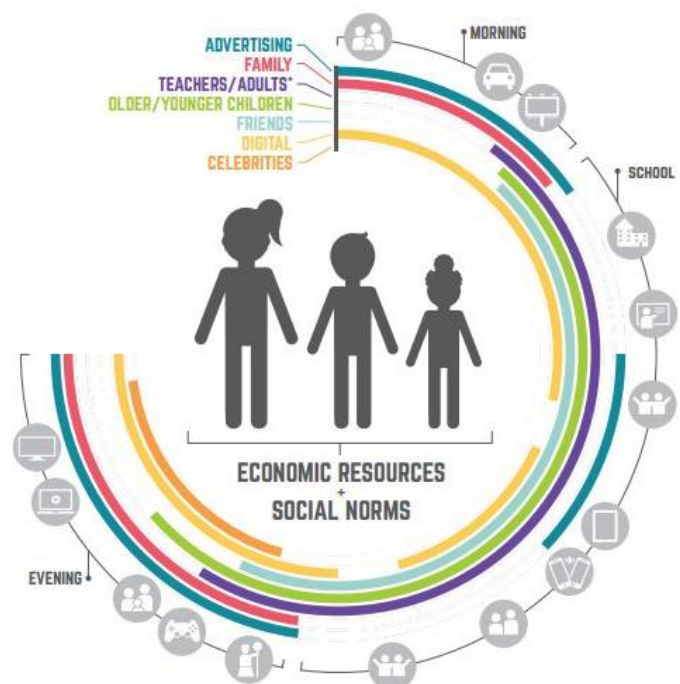
Sport England have released their new strategy 'Towards an Active Nation' for the next four year cycle.

The strategy details seven new investment programmes. The first of which, Tackling Inactivity, focuses on engaging the inactive (as opposed to those who already play sport or are active), particularly those from under-represented groups such as women and older people. Other programmes include Supporting sport's core market (how to best service those already involved in sport) and Taking sport into the mass market – which encourages new innovations. Also included are Children and young people (5+ instead of 14+ previously), Volunteering, Talent and Facilities.

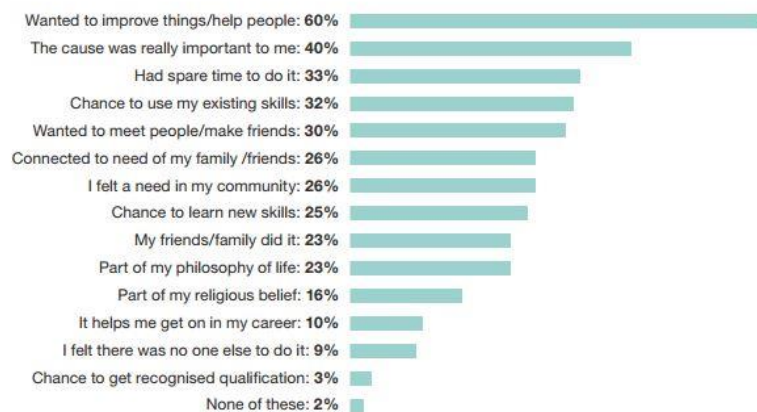
Key features of the new strategy are:

- Dedicated funding to get children and young people active from the age of five, including a new fund for family based activities and offering training to at least two teachers in every secondary school in England to help them better meet the needs of all children, irrespective of their level of sporting ability
- Working with the sport sector to put customers at the heart of everything they do, and using the principles of behaviour change to inform their work
- Piloting new ways of working locally by investing in up to 10 places in England – a mix of urban and rural areas
- Investing up to £30m in a new volunteering strategy, enabling more people to get the benefits of volunteering and attracting a new, more diverse range of volunteers
- Helping sport keep pace with the digital expectations of customers – making it as easy to book a netball court as a hotel room

### INFLUENCES ON CHILDREN ON A TYPICAL DAY



### REASONS FOR FORMAL VOLUNTEERING 2014-15



- Working closely with governing bodies of sport and others who support people who already play regularly, to help them become more efficient, sustainable and diversify their sources of funding.

If you would like to view the Sport England Strategy, please visit:

[www.sportengland.org/news-and-features/news/2016/may/19/sport-england-triples-investment-in-tackling-inactivity/](http://www.sportengland.org/news-and-features/news/2016/may/19/sport-england-triples-investment-in-tackling-inactivity/)

# Hertfordshire Mavericks



## MIRANDA'S 3 DAY NETBALL CAMPS FOR AGES 10 - 13 | ONLY £80 PER CHILD

**CA1MP** 01-03 JUN 2016 | WODSON PARK, HERTS  
3 DAY CAMP • 10AM-3PM  
COACH: LINDSAY KEABLE & NPL PLAYER

**CA2MP** 01-03 JUN 2016 | BEDFORD ACADEMY, BEDFORD  
3 DAY CAMP • 10AM-3PM  
COACH: SAM MAY & SOPHIE HANKIN

**CA1MP** 08-10 AUG 2016 | STANBOROUGH SCHOOL, HERTS  
3 DAY CAMP • 10AM-3PM  
COACH: SAM MAY & SOPHIE HANKIN

**CA2MP** 17-19 AUG 2016 | CHELMER VALLEY SCHOOL, ESSEX  
3 DAY CAMP • 10AM-3PM  
COACH: LINDSAY KEABLE & NPL PLAYER

**CA1MP** 22-24 AUG 2016 | BEDFORD ACADEMY, BEDFORD  
3 DAY CAMP • 10AM-3PM  
COACH: SACHEL GRANT & NPL PLAYER

## MAVERICKS 1 DAY MASTER CLASS

### TUESDAY 31 MAY

10AM-3PM 1 DAY MASTER CLASS

UNIVERSITY OF HERTFORDSHIRE SPORTS VILLAGE,  
HATFIELD, HERTFORDSHIRE

COACH: LINDSAY KEABLE, MAVERICKS NSL PLAYER

FOR AGES 12 - 14

**£45.00**

EACH  
BOOK NOW!

### WEDNESDAY 31 AUG

10AM-3PM 1 DAY MASTER CLASS

UNIVERSITY OF HERTFORDSHIRE SPORTS VILLAGE,  
HATFIELD, HERTFORDSHIRE

COACH: LINDSAY KEABLE, MAVERICKS NSL PLAYER

FOR ALL ENQUIRIES EMAIL: [NETBALLCAMPS@MAVERICKSNETBALL.CO.UK](mailto:NETBALLCAMPS@MAVERICKSNETBALL.CO.UK)

CAMPS AND MASTER CLASSES SUPPORTED BY THE UNIVERSITY OF HERTFORDSHIRE, OFFICIAL SPONSOR OF MAVERICKS YOUTH AND THE OFFICIAL PLAYER PATHWAY SPONSOR



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# Destination NETBALL

Rachel :)  
Ellen :)



WELCOME TO

## NETBALL YOUTH CAMP EAST REGION

**CAMBRIDGESHIRE** – Monday 25<sup>th</sup> – Wednesday 27<sup>th</sup> July 2016  
from 10am-3pm  
Longsands Academy, St Neots, Cambridgeshire, PE19 1LQ

**ESSEX** – Monday 25<sup>th</sup> – Friday 29<sup>th</sup> July 2016  
from 10am-3pm  
Chelmer Valley High School, Court Road, Broomfield, Chelmsford, CM1 7ER

**HERTFORDSHIRE** – Wednesday 27<sup>th</sup> – Friday 29<sup>th</sup> July 2016  
from 10am-3pm  
Wodson Park Sports Centre, Ware, Hertfordshire, SG12 0UQ

Early bird, sibling & group discounts available

For information and booking please visit

[www.netballevents.co.uk](http://www.netballevents.co.uk)

[www.englandnetball.co.uk/NYC](http://www.englandnetball.co.uk/NYC)

Nothing But Netball  
Holiday Camp for 11-16 year olds



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# HOLIDAY

# Boredom OVER

Anni xx  
Lizzy



WELCOME TO

## NETBALL YOUTH CAMP

Ipswich, Suffolk  
Netball Holiday Camps for 9-11 year olds

Dates:  
Monday 25<sup>th</sup> – Wednesday 27<sup>th</sup> July 2016  
10am-3pm

Place:  
Rushmere Sports Centre, Ipswich,  
Suffolk, IP5 1DE

Cost:  
£90 England Netball members/ £115 non-members  
(Early bird, sibling & group discounts available)

For information and booking please visit

[www.netballevents.co.uk](http://www.netballevents.co.uk)

[www.englandnetball.co.uk/NYC](http://www.englandnetball.co.uk/NYC)

Nothing But Netball  
Holiday Camp for 9 - 11 year olds



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Camelot NC is based in Hemel Hempstead. We are a mixed ability club with players ranging from school age to a lot older! We have 9 or 10 regular teams in 3 leagues in and around Hertfordshire. We are looking for a coach to run training sessions on a Tuesday evening 8-9pm @ JFK school in Hemel. We pay around £20ph. If interested please contact Cherry Langford on 07985 313760 or [cherry.langford@annodata.co.uk](mailto:cherry.langford@annodata.co.uk)

NETBALL EAST are looking for coaches to support our Netball Youth Camps this Summer. For more information please email: [east@englandnetball.co.uk](mailto:east@englandnetball.co.uk)

If you are interested in becoming a coach, sign up to our mailing list and be first to hear about our new UKCC Courses and Coaching Workshops. [East@englandnetball.co.uk](mailto:East@englandnetball.co.uk)

Hertford Hornets are looking for a L2 coach for their 5 adult teams. If interested, contact [Hertfordhornets@gmail.com](mailto:Hertfordhornets@gmail.com)

If you are interested in becoming an assistant coach for East Regional Academy and Regional Performance Academy, request an expression of interest form to the email below: [East@englandnetball.co.uk](mailto:East@englandnetball.co.uk)

Back to Netball coaches required on Mondays 7pm-8pm in Letchworth and on Wednesdays 8pm-9pm in Watford. For more information please email Lucy Ponting: [Lucy.Ponting@englandnetball.co.uk](mailto:Lucy.Ponting@englandnetball.co.uk)

If you are interested in coaching Back to Netball or Walking Netball, please email: [East@englandnetball.co.uk](mailto:East@englandnetball.co.uk)

Hertfordshire  
**Mavericks**

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SATURDAY 11th JUNE 2016

10.00-12.30

# COACHING WORKSHOP

CAMBRIDGE REGIONAL COLLEGE,  
CAMBRIDGESHIRE, CB4 2QT

WITH KAREN ATKINSON AND COLETTE THOMSON



Come and experience another coaching workshop delivered by Hertfordshire Mavericks, one of the UK's most successful Superleague Teams!!

Opportunity to observe 2 experienced coaches working with Regional Academy players to develop the role of the Centre, Goal Attack and the Wing Attack.

**COST:**

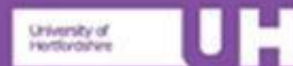
Affiliated £40 / Non affiliated £50



FOR BOOKING INFORMATION VISIT:  
[www.netballeast.org.uk](http://www.netballeast.org.uk)



**VIPER 10!**  
NETBALL KIT



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## Assistant Coach for the Regional Performance and Regional Academies

These are exciting times for the development of Netball within the East Region. To support the development of the performance athletes in the region, we have vacancies for assistant coaches to the Performance Pathway Coach (PPC) in the following areas:

- *Regional Performance academy (RPA) Hertfordshire*
- *Regional Academy (RA) Hertfordshire*
- *Regional Academy (RA) Essex*

Sessions details are as follows:

RPA weekly for 2 hours- Monday 7-9pm at Oaklands College, Hertfordshire\*

RA (Herts) weekly for 2 hours -Wednesday 7-9pm at Oaklands College, Hertfordshire\*

RA (Essex) weekly for 2 hours - Thursday 6:30-8:30pm at Braintree College, Essex\*

*\*it may not be necessary to attend all the weekly sessions. Availability will be discussed at the interview*

### **Payment**

Coaching is paid at £15 per hour and travelling at 40p per mile to be claimed by individual

If you are interested in applying for one or more of these coaching positions, please complete the attached application form and return **on or before Friday 10<sup>th</sup> June 2016** to:

[East@englandnetball.co.uk](mailto:East@englandnetball.co.uk)

Interviews for all positions will take place week beginning the 11<sup>th</sup> July 2016

RPA/RA Herts 13<sup>th</sup> July

RA Essex 14<sup>th</sup> July

Do you want to know more about getting an insight into your player's thoughts and being the best club possible? Well Club Matters is for you!! You will get information about:

- Club Development
- Funding
- Obtaining Volunteers
- Best Practice
- Managing Finances



## The Club Experience: How to be an Extraordinary Club for your People Workshop

The world is changing, how do you ensure your club is chosen over all the other opportunities that are competing for people's leisure time? By making it a place people want to keep on coming back to. To do this you need to understand what your members want from your club and deliver a great experience to them. By consistently doing this you will create an extraordinary club that will thrive. This workshop provides support and information to help you make this happen. We will cover:

Why delivering a great experience for the people in your club is important

How to listen to and respond to the needs of the people in your club

How to consistently deliver a great club experience

Action points and 'take aways' for you to work through with your club

**Date: Tuesday 28<sup>th</sup> June 2016**

**Time: 18.30 – 21.00pm**

**Location: Room E 002, Chelmsford College, Princes Road Campus, Princes Road, Chelmsford, Essex, CM2 9DE,**

**To book your place:** Register on the Club Matters website, under Find Support > Workshops.

We recommend that two people from your club attend, including an active player.

**Got a question? Contact:**  
Florrie Jones, East Regional Coordinator  
[east@englandnetball.co.uk](mailto:east@englandnetball.co.uk) or 01462 428336



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