

HOCUS POCUS, IT'S TIME TO FOCUS ON ALL THINGS NETBALL



Welcome to the October '18 edition of the Netball East Digi-News. This edition covers all the activity that has taken place in the East region over the last few months and provides updates on future activities.

SUSSESS FOR THE EAST AT THE NATIONAL GOALDEN GLOBES 2018



The Vitality Golden Globe Awards is a collective celebration, beginning at a regional level with various events held between May and July, and culminating in a prestigious national awards evening. Volunteers from across the country all came together under one roof for an evening of glitz and glamour. The event took place on Saturday 15th September in Nottingham to recognise the outstanding contributions they make to our sport. The East region's Golden Globe winners joined other nominees and guests. The Evening was a lovely event which included the world cup draw and a lovely meal celebrating all our National volunteers.

In the Golden Globes section, the East celebrated with 2 National winners.

Congratulations to Jackie Webb who won the National Unsung Hero award. →



↙ And Congratulations to Laura Townsend who won the National Teacher award

Both recipients are from Essex, so a great achievement for County Essex.



Congratulations also go to Carole Titmuss and June Griffith who were both awarded National Long service awards, given to those who have given selfless and outstanding service of 25 years or more.

Carole and June were recognised for their continued hard work and contribution to their county and the East region over so many years and were thoroughly deserved winners of this award!

Both ladies are from Hertfordshire, so a great night for Hertfordshire too.



ANNE MILES COUNTY SCHOOLS TOURNAMENT

On Saturday 29th September Hertfordshire County Netball ran the Anne Miles County Schools U16 Tournament at Stanborough School. The sun was shining all day, you could not have planned better weather! U16 winners were Berkhamsted & U16 runners up were Beaumont

The level of Netball was incredible and it was great to see so many schools and players take part. Congratulations to the winners and runners up and well done to all who participated.



(U16 winner – Berkhamstead)



(U19 winner - St Albans High School For Girls).

The day also saw the U19 tournament with St Albans High School for Girls and Beaumont battling in it out for the top spot. After a great day of some fast paced Netball. U19 winners were St Albans High School For Girls and runners up, Berkhamsted.

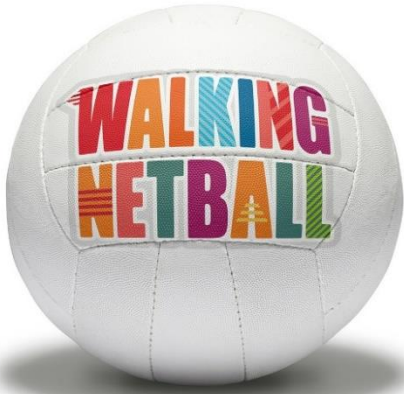
On Saturday 13th October the Anne Miles County Schools U14 Tournament took place! The weather looked promising at 9am until the rain came down!! Despite the weather being miserable to start with, this did not dampen the spirits of the Netballers on court! A wonderful display of Netball throughout the day! The results of the U14 tournament as follows: U14 Winners – Broxbourne and U14 Runners Up – Berkhamsted. (U14 Winners – Broxbourne pictured)



A huge thank you to June, Lesley, Clair and Jo for organising the tournament. Also thank you to Stanborough School for allowing us to hold the tournament, Hertford Hornets for providing refreshments all day, the umpires and volunteers who gave up their time to support such a wonderful day. One last thank you to the teachers without whom, the schools would not be able to take part.

Congratulations to all who took part but especially to our Winners and Runners Up who now progress to the Regional Schools Round in January. Best of luck for Regionals!

WALKING NETBALL NEWS



Walking Netball with the with the Women's Institute in Hertfordshire

England Netball and The NFWI are delighted to announce that the programme delivering Walking Netball sessions to WIs across the country has now officially launched.

An open application period saw over 200 WIs express an interest in being part of this exciting project and April saw the first WIs signed up to the programme begin sessions with specially trained Walking Netball Hosts.

Hertfordshire NDO, Florrie Jones and Hertfordshire NDCC, Lucy Prestedge have had the pleasure of working with Handside and Sandridge Women's Institutes to run Walking Netball sessions for these ladies.

"The sessions have been really successful and the ladies have really been enjoying themselves. We are really excited to be working with Handside and Sandridge WI, reconnecting them with their love of Netball."



For more information on Walking Netball in Hertfordshire, please contact the Hertfordshire Netball Development Officer, Florrie on: Florence.Jones@englandnetball.co.uk

Walking Netball Festival in Bedfordshire



On Sunday 30th September Bedfordshire hosted its 1st Walking Netball Tournament at the Bunyan Centre, Bedford. Five teams attended including 3 from Beds, Braintree Walking Netball Club and a team from Bletchley, Bucks. There was a great atmosphere with over 50 ladies enjoying their love for the game and the opportunity of some competition. All the games were very close with most goal difference being 3 goals and a large amount of games ending in a draw. A massive Well done to all the teams that took part for your great play but also though all teams were keen for the win, they kept to the ethos of WN and had a Wiggle and a Giggle throughout the tournament!

In particular I would like to say a huge well done to Bedford Thunder who play at the Bunyan Centre on a Thursday evening and were the ultimate winners of the Tournament ... Fantastic play ladies!

We have already made plans for our next Walking Netball Tournament which will be on Sunday 10th Feb 2019 and look forward to welcoming new teams who will be taking part. If you are interested in getting involved in Walking Netball or finding a session near you in Bedfordshire please contact:

joanne.brewster@englandnetball.co.uk



BACK TO NETBALL NEWS



Special birthday celebrations across the region!

On 10th October England Netball celebrated 'Back to Netball's 10th Birthday.

Did you know..... that over the 10 years Back to Netball has enabled over 100,000 women to get back to the sport? Yes, Mrs 100,000 was recorded in October during the month of celebrations. What an achievement and so much to celebrate. Happy Birthday back to netball!

Back to netball festivals were organised across the East region on Wednesday 10th October to celebrate this mile stone.



Back to Netball session in Essex

A new back to netball session arrived in Flich Green, Little Dunmow which has provided regular netball to the local community with 18 new to netball join the game. The session has been really successful and has been a pleasure to attend for their first 3 weeks. There have been plenty of giggles and lots of fun. This session is pausing for half term but returns at 7:30pm on Tuesday 31st October.

There was a great celebration for Back to Netball's 10th Birthday at another one of Essex's newer Back to Netball sessions in Harwich and Dovercourt. The session included all the things you need for a party including Cake, balloons, Party bags and most importantly silliness. The ladies had loads of fun and it was great to share this party session in an area that had no netball before the back to netball started. If you would like more information about this session, please contact the Louise Davey, Essex Netball Development officer on:

Louise.Davey@englandnetball.co.uk



Net 10 for Life returned this October!

Suffolk Back to Netball Festival raises £££'s for Cancer Research UK



In support of England Netball's Net10 for Life Scheme to raise money for Cancer Research UK, we ran a Back to Netball Festival in Suffolk on Sunday 14th October. To add to the fun, we made it fancy dress and we were not disappointed! From 80's spandex throw backs to zombies and pink ladies, the ladies got really involved!

We had six teams enter the tournament which included a brand new Back to Netball group who have only very recently formed in Gislingham, Suffolk. The overall winners were Kingsland and Player of the Tournament went to Keira Jones from Gislingham.

The Best Dressed Award went to Gillingham's Pink Ladies. Jetts Netball Club and Stowmarket Pride also entered a team each and Suffolk Rockets managed to get two teams together.

A huge thank you to all the volunteer umpires who came and helped on the day – Sue, Caroline, Becky, Kelly, Kathryn and Michele, I could not have done it without you all! Also a huge thank you to all the teams and their coaches who made such an effort with the fancy dress and an extra mention to the Gillingham Back to Netball group who set up their own just giving page and raised a whopping £362! So in total we are nearly at £500, not bad for a few hours of netball on a Sunday morning!



There will be another Back to Netball Tournament running again in 2019. For more information, please contact Chloe Anderson, Suffolk Netball Development Officer on : Chloe.Anderson@englandnetball.co.uk

CAPS

Congratulations to the following clubs who gained their CAPs re-accreditation in the September 2018 assessment.

- Thetford Netball Club, Bronze CAPs re-accreditation
- Kats Netball Club, Silver CAPs re-accreditation

If you would like to register your club for CAPs accreditation, please email England Netball at: Caps.Caps@englandnetball.co.uk

NETBALL EAST UPDATES



Welcome – Essex Thurrock NDO - Jodie Pearce

Netball East welcomes Jodie Pearce to the East family. Jodie has been with England Netball for 3 years working as the Netball Development Officer (NDO) in Essex Met. When appointed as the Essex Thurrock NDO she said 'I am excited to also be supporting in Essex Thurrock and hope to continue helping and developing the netball in this area, and working closely with Louise Davey the East Essex Netball Development officer.'

Louise Davey, East Essex NDO (left) and Jodie Pearce (right) working together at a Netball festival for East Essex and Essex Thurrock.

VOLUNTEER RECRUITMENT OPPORTUNITIES



Creating great Netball opportunities & experiences @netballeast is a voluntary organisation responsible for the development & delivery of Netball in the East Region.

Netball East is currently recruiting to Volunteers to Join the East Regional Management board and Technical support groups. We are looking for committed, passionate and competent volunteers who want to make a difference to join us on that journey. Netball experience is desirable but not essential. So, if you would like to join the team and can contribute, we would love to hear from you.

If you have the skill set/desire to help grow Netball in the East apply now. Recruitment pack available at: <http://www.netballeast.org.uk/>

The deadline for applications is Sunday 11th November 2018

COACHING COURSES

UKCC Level 1:

Cost of course:

Affiliated EN Member – £190

Non Affiliated – £230

Cedars Coaching Academy, Cedars Upper School, Mentmore Road, Leighton Buzzard, Beds, LU7 2AE
Saturday 26th January 2019 9am-6pm and
Saturday 23rd February 2019 9am-6pm

Further courses planned in Cambridge and Suffolk which will be advertised very soon.

For a booking form please [click here>](#)

UKCC Level 2:

Cost of course,

Affiliated EN Member – £400

Goffs Academy, Goff's Lane, Cheshunt, Waltham Cross, Hertfordshire, EN7 5QW
Saturday 12th January 2019 & Sunday 13th January 2019, 9am-6pm and
Saturday 9th February 2019 & Sunday 10th February 2019, 9am-6pm and
Saturday 10th March 2019

Further courses will be advertised very soon.

For a booking form, please [click here>](#)



Please click [here](#) to see more information and download a booking form. Payment can be made either by cheque, purchase order, bank transfer (our bank details are attached herewith) or a card payment by telephone, Jessica Hilder can be contacted on 01509 277886. There is a 25p fee payable for a debit card payment and a 4% fee payable for a credit card payment. If you make a bank transfer payment, please use your name as a reference and advise Helena once the payment has been made, she will then check our bank account. For our bank details, please contact Nasem: East@englandnetball.co.uk,

ENGLAND NETBALL COACHING WORKSHOPS

England Netball Coaching Masterclass!

Delivered by Denise Ellis and Maggie Jackson on alongside the England v Uganda International Series in Liverpool.

- When: Tuesday 27th November 2018
- Where: Jury's Inn, Liverpool
- Time: 4.00 – 9.30pm
- Topic: Counteracting the Opposition

Don't miss out! For further information and/or a booking form, please visit:

<https://www.englandnetball.co.uk/netball-event/coaching-masterclass-england-v-uganda/>

High 5 Workshop - for coaches and school teachers

- Tuesday 13th November, 4pm-7pm Inspire Suffolk, Lindbergh Road, Ipswich IP3 9QX
- Sunday 27th January 2019, 1 pm to 4pm Robert Arkenstall Primary School, Camping, Close, Haddenham, Cambridgeshire, CB6 3UA

Walking Netball Host training

- Saturday 1st December 2018, 9-3pm, Whitton Sports Centre, Whitton Church Lane, Ipswich, Suffolk, IP1 6LW

For more information and/ or a booking form for all workshops, please email the East Regional office: east@englandnetball.co.uk . Further CPD workshops planned for 2018-19. For further information please visit www.netballeast.org.uk or contact the East Regional office.



OFFICIATING COURSES

Further courses planned for 2018-19, for further information, please visit www.netballeast.org.uk or contact the East Regional office: east@englandnetball.co.uk

FUNDING

Netball East supports their affiliated members by providing UKCC course subsidies and mentoring opportunities to help develop coaches across the region.

Grants can be given towards UKCC level 1 and level 2. Netball East is working with its county associations to provide a package for coaches, which should provide, in most cases, up to 75% of the cost of a course from the combined sources. Netball East UKCC Grant Scheme Application Forms are available to [Download Here >>](#)



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COMPEITION AND EVENTS

East Regional League

Well done to the following clubs who are currently sitting at the top spot of their division in the East Regional League:

- RCL Division 1: Turnford
- RCL Division 2: Crosskeys
- RCL Division 3: Hatfield Magpies

The East Regional League tables and forthcoming fixtures can be found on the Netball East website:
<http://www.netballeast.org.uk/competition/regional-clubs-league/>



England and Uganda Test Series

Tuesday 27th November, Echo Arena, Liverpool

Friday 30th November, Copperbox Arena, Stratford

Sunday 2nd December, Copperbox Arena, Stratford

England V's Uganda - Tickets available on the England Netball website: <https://www.englandnetball.co.uk/>

Netball East working in partnership with:

For benecosMavericks 2018-19 fixtures please visit:



<https://www.mavericksnetball.co.uk/fixtures-and-results/VNSL-Fixtures/>

For more information and updates on benecosMavericks and their new coming season, please visit their website: www.mavericksnetball.co.uk

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