

Hertfordshire University Netball Officer- A big success!

Annabel Mabin, the University of Hertfordshire's newly appointed University Netball Officer (UNO) has been really busy over the past term working tremendously hard on increasing the Netball provision around the University. Along with her Netball friends and fellow members of the University, Annabel has established, planned and delivered two very successful Netball programmes to date. Another is planned for the New Year. These have attracted both 'New to Netball' and 'Returning to Netball' participants throughout the University and surrounding communities.

On a Monday night, led by one of the UNO's Netball friends and a level 2 Coach from the University, is a Social Netball programme. Similar to Back to Netball, Social Netball is an hour coached session, which is free to attend. It encourages individuals to participate in order to learn Netball, develop new skills, meet friends and socialise within a healthy and organised environment. This session has been running over the past 6 weeks and has attracted over 40 participants.

To inspire students to team up with friends, Annabel and her team decided to run a Social Netball League on a Tuesday evening. This was organised in order to encourage individuals to team up with; course mates, people they live with, societies or University friends. So far so good, as the league has attracted 10 teams including 2 Back to Netball teams from the local community. All teams consisted of 10 or more girls, equalling over 100 participants overall, and this is just the beginning. With plans to expand and introduce a second division in the New Year, the UNO and her team are proving ambitious and enthusiastic.



The third programme in the pipe line is a Netball Now which is going to be facilitated by one of the keen University Netballers. This programme will attract those who are not available to attend the other sessions. It will also provide an opportunity for those who are not in a team to familiarise themselves again with match play and team up with likeminded others and potentially enter a team in the League.



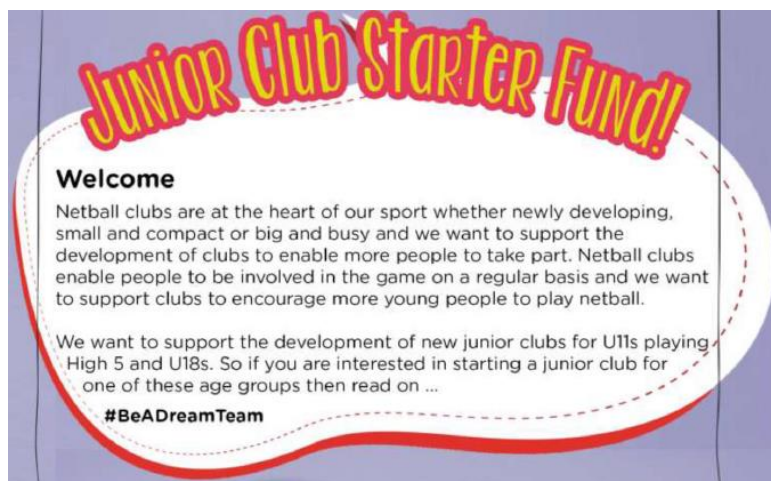
Along with the success of the Netball, Annabel has also won 2015 Contribution to HE/FE Sport at the Hertfordshire Sports Awards for all of her hard work. With all this positive Netball energy running through the University the hype and interest the girls are receiving regarding the programmes, the Netball provision will just keep expanding.

Watch this space!



New Junior Club in Norfolk

Hethersett Junior Netball Club is growing in strength as a new junior club in Norfolk. The club has been set up following a very successful “come and try” session in September at Hethersett Academy. Once numbers were established and the club managed to secure an indoor venue for winter training, they have gone from strength to strength.



The Club is open to girls aged 9 years and upwards and train on a Sunday evening at Hethersett Old Hall School. Through their hard work the club have managed to secure some funding to support further development with the club from, South Norfolk Council and from the England Netball club starter fund.

The sessions are open to everyone, with the First session FREE, thereafter it is £2.00 per session.

For further details about the club, contact Jacqui on hjnetball@gmail.com or visit their Facebook page: [hethersett junior netball club](https://www.facebook.com/hethersettjuniornetballclub).

Currently the girls are training each week, but are keen to look to play some friendly fixtures in the future and hopefully next season join the league.

Are you a coach looking to start a new junior club in the community? Are involved at a club that is looking to open up a junior section at your club? If so and provided you meet the criteria, you may be able to tap into some funding. For more information about the Junior Club Starter Fund and how to, please visit: www.Englandnetball.co.uk

England Netball Tutors in Dubai October 2014 - Sophie Pike from Norfolk & Sarah Weston from the South Region, tell their story.



We left the UK on a wet and dreary day, Sarah Weston travelled from Heathrow, and Sophie Pike from Norwich; via Amsterdam. It was a long 6 1/2hour flight to Dubai. We were met by Susanne Skelding Director of Netball in Dubai, to 28 degrees temperatures at 1.00am. By the time we got to our hotel it was 2.00am, so time for a good night's sleep. We were fortunate to have a rest day the next day, which gave us a chance to get our heads together to finalise our plans to deliver a Beginner Umpire and C Award Umpire course to 40 learners. The next 2 days were really busy with delivering 2 courses along with assessing umpires. Susanne has done a

superb job mentoring these umpires up to the standard for their umpiring assessments. We were both really impressed with the high standard of the young umpires that came through, Sophie having seen most of them on courses in February 2014 when out in Dubai tutoring.



The next 7 days were busy with us completing 20 assessments, 18 of which were passes. We were lucky enough to have some down time during the day and made the most of visiting the amazing sites in Dubai, which will stay with us forever. A huge thanks to Susanne for her hospitality and making us feel so welcome.



Netball East's new website - If you have not yet had the chance, check it out now!

For all the latest information, news and gossip, just click on the link!



- Volunteering roles
- Staff recruitment
- Back to Netball activities
- Netball Camps
- Coaching courses
- Coaching Workshops
- Officiating courses
- Performance News
- Accredited CAPS clubs
- Looking for local teams
- And much more!

Netball East would like to wish you all a very Merry Christmas and a Happy New Year.



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DATES FOR YOUR DIARY...

UKCC COACHING COURSES

UKCC Level 1

- Oaklands College, Hertfordshire
14th Feb & 7th March 2015
- Univeristy of East Anglia, Norfolk, 11th April
& 9th May 2015

UKCC Level 2

- Braintree College, Essex:
7/8th & 28th Feb, 1st & 28th March 2015

TECHNICAL SKILL COACHING WORKSHOPS

Activate:

- Hertford Regional College, Herts: 6.30-9.30pm, Tuesay 17th February 2015
- Wesdtbourne Academy in Suffolk: 10am to 1pm, , Saturday 14th March 2015

Winning the Ball:

- Mark Rutherford School, Bedford: 6.30-9.30pm, Tuesday 27th January 2015

Sharp Shooting:

- The Kings School, Cambridgeshire: 6.30-9.30pm, Thursday 29th January 2015.
- Hassenbrook Academy, Essex: 6.30 to 9.30pm, Tuesday 3rd March 2015

On the Move:

- Further courses TBA



HIGH 5 COACHING WORKSHOPS

- Queens School, Bushy, Hetrts: 2-5pm, Wednesday 18th February 2015
- Epping St Johns School, Essex, 6pm to 9pm, Tuesday 10th March 2015

TIME TO LISTEN COURSES

- Netball House, Hitchin, Herts: 6.30-9.30pm, Tues 17th February 2015
- Further courses to be planned for 2015-16

TUTORING – ADL Course

- England Netball Head Office, Hitchin – Jan/Feb 2015

OFFICIATING

- Working toward C Award, Hertfordshire, 25th January 2015
- YUA Orientation Workshop, Hertfordshire, 8th January 2015
- Further courses for 2015-16 TBA

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www.Mavericksnetball.co.uk