

MyGame

NETBALL EAST



COACHING CONFERENCE

Netball East would like to invite you to our first ever Coaching Conference. Open to all coaches, the day will be delivered by top netball educators including Denise Ellis, Maggie Jackson, Dr Anita Navin & more

WHEN: Saturday 14th November 2015

WHERE: Oaklands College, St Albans, Hertfordshire

TIME: 9am - 3pm

Lunch & refreshments will be provided

£30

Netball East Members

SUBSIDISED BY NETBALL EAST

£50

Non- Netball East Members

For more information contact - east@englandnetball.co.uk

or 01462 428336

DESIGN & COACH FOR BETTER DECISIONS



Dr Anita Navin

Dr Anita Navin has been involved in netball for over 37 years as a performer, coach, talent scout, tutor, coach mentor, education & training consultant & many more roles to this day.

Anita became International coach for Northern Ireland between 2000 and 2002 and England Netball High Performance Coach between 2002 and 2008. She is part of the Higher Education platform group with the International Council for Coaching Excellence and is a member of the Global Netball Advisory Panel for coaching as part of the International Federation. In 2011 Anita was awarded UK Coach Educator of the Year.

WORKSHOP - Purposeful practice when "Getting free ie losing your player"
Focusing on linking the session with the session outcome, the age and stage of the players, the context, the amount of thinking / physical time.



**Maggie Jackson
MBE**

Following a successful career as an England player, Maggie began her coaching pathway. Formerly the Head

Coach for Hertfordshire Mavericks, Maggie led her team to win 2 Superleague titles over a six year period. Maggie was involved with coaching and the development of the England Squad between 2004 and 2011, as an assistant coach and also led England to Bronze Medal in Delhi 2010.

In 2011 Maggie received an MBE in recognition for her hard work and services to netball.

WORKSHOP - How do players understand & apply this in where, when and how to defend?
Focus is on application & coaching in developing the player's understanding of the defensive game from a defensive rebound & a free pass in the defensive third.



Denise Ellis



Denise currently works as the National Academy Assistant Coach having previously been Welsh National Coach between 2005 and 2007 leading them to the Netball World Championships in New Zealand in 2007.

Denise also works for Team Bath leading the High Performance Programme and was Assistant Coach for Team Bath, Superleague Franchise until 2013. Denise is also heavily involved in the South West Performance programme.

WORKSHOP - How do players understand & apply this in where, when and how to attack?
Focus is on application & coaching in developing the player's understanding of the attacking game from an attacking rebound & a free pass in the attacking third.

Sam Meade

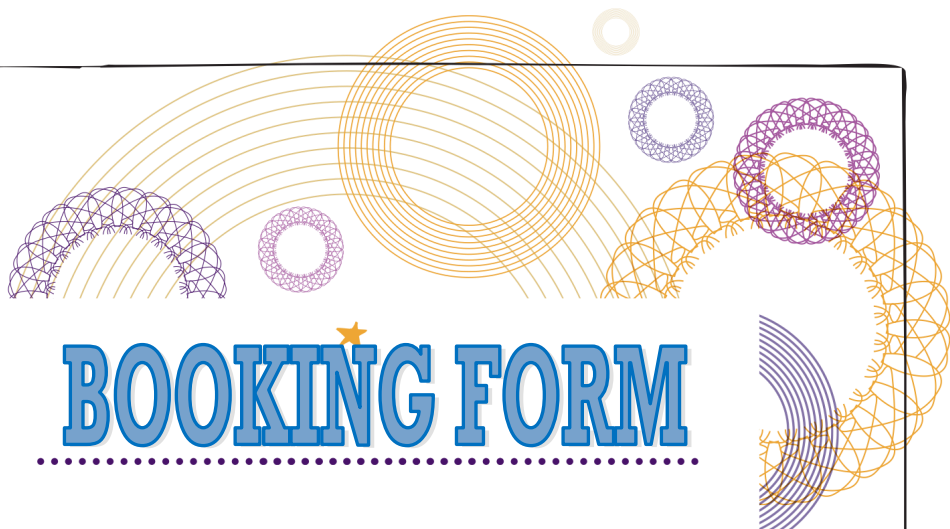


Sam is the Performance Pathway Coach for the East Region, coaching both Regional Academies and the Regional Performance Academy. Having coached previously at Bedfordshire County Academy and Team Beds, Sam has developed into an extremely exciting coach for the future.

In her first year as Mavericks Youth Head Coach, Sam led her team to achieve silver medals in the 2014/15 season in both the league and end of season tournament. Sam has recently returned from the Nets World Cup in Australia coaching the England Nets U30 squad.

WORKSHOP - The importance of Strength & conditioning for Netball players
How S&C can be incorporated into a coaching session by the netball coach. Including knowledge of how to create programmes for all.

My Name



BOOKING FORM

EAST REGION COACHING CONFERENCE

NAME: DOB:

ADDRESS:

EMAIL ADDRESS:

MOBILE NUMBER: AFFILIATION NO:

SATURDAY 14th NOVEMBER 2015

Place tick in relevant box

9am - 3pm

	CHEQUE	BACS
EAST REGION AFFILIATED MEMBER - £30 (SUBSIDISED BY NETBALL EAST)		
NON EAST REGION AFFILIATED MEMBER—£50		

Please sign below to confirm you have read our terms and conditions

SIGNED: DATED:



PLEASE NOTE: Bookings are not complete until the booking form and full payment has been received and acknowledged.

PAYMENTS: Please make cheques payable to Netball East and send to Netball East, Netball House, 1-12 Old Park Road, Hitchin, SG5 2JR. Paid via BACS; Account Name: Netball East, Sort Code: 20-79-73, Account Number: 60642851 Reference: NAME/NOV14

TERMS AND CONDITIONS

1. Places will be confirmed by email, upon receipt of a booking form and full payment.
2. Netball East will take photographs and/or video of participants during the day. These images may be used for publicity purposes on our website or in printed publications. It should be noted that at no time will the participant's name be directly associated with any picture or video footage. If a participant has strong views about not having their image publicised, they will need to make this clear at the outset.
3. All participants' personal property is their own responsibility. Netball East takes no responsibility for loss or damage for these items.
4. All participants are covered by Public Liability insurance whilst on the Netball East Coaching Conference Workshop. However, Netball East cannot be held responsible for any act, omission or loss or damage unless proven to be caused by Netball East's negligence.

